Indian Academy of Pediatrics
Adolescent Health Academy IAP
Committed To Comprehensive Health Care for all Adolescents

Dr CP Bansal, President SAPA & IAP 2013
Dr JS Tuteja, Chairperson AHA IAP 2014-15
Dr Preeti M Galagali, Secy AHA IAP 2014-15
Indian Academy of Pediatrics & Adolescent Health

1999: Resolution on Age
2000: Adolescent Health Chapter; 10 members
2000: National Task Force on Adolescent Care
2002: IAP- International Training Prog on Adol Health
2005: Post Graduate Diploma Adolescent Pediatrics
2006: WHO Orientation & Training Program
2007: Adolescent Friendly School Initiative, Child Rights Prog
2010: Happy Parenting Program, Poor School Performance
2011: Adolescent Care in Office Practice Workshop
2012: Difficult Adolescent Workshop, Task Force on Obesity
2013: Mission Kishore Uday
Indian Academy of Pediatrics
Adolescent Health Academy (AHA)

- 1450 members, 8 city & 3 state branches
- 40 Teen Clinics: 12 states & 2 union territories
- Publications & Research
- Recommendations: UG, PG, Nursing Curricula
- Recommendations: Adolescent Immunisation
- AHA Website & Facebook Page
- AHA Newsletter: Adolescent Today
- Annual National AHA Conference
- IAP Teen Day, Healthy Lifestyle Day, Daughter’s Day, Child & Adolescent Week
Mission Kishore Uday 2013 Beneficiaries >24,551
Mission Kishore Uday 2014
India Political Map
States & Union Territories

Number of States in India - 28
Union Territories - 7
Mission Kishore Uday Beneficiaries
till 7 January 2014: 24,551

<table>
<thead>
<tr>
<th>Boys</th>
<th>Girls</th>
<th>Parents &amp; Teachers</th>
<th>Pediatricians</th>
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<tr>
<td>8845</td>
<td>7644</td>
<td>6097</td>
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Press Coverage

Mission Kishore Uday

Proper parenting vital for kids

Parents should imbibe values in children when they are in the 2-6 age group.

Experts speak

Mohamed Imranullah S.

MADURAI: S. Mininakshi (name changed), a middle class working mother, had a shock of her life recently and she did not know how to react when her son in Class II was reported to have been in the habit of kissing one of his female classmates and telling her that he was in love with her.

The school principal summoned the parents of both the children and informed them about the issue. While the boy's father turned furious and beat the kid violently, the girl's mother chose to ignore the issue completely by terming it a kids' behaviour requiring no interference.

However, members of the Indian Academy of Paediatrics (IAP) say that both kinds of reactions from the parents are wrong. Paediatrician Newton Luis says that such behaviour among children of tender age should not be confused with attraction that develops between teenagers.

"When kids kiss each other, it should be seen as an act of mischief and not as something immoral, because the element of sexual feeling is not there behind their actions. The children must be made to stop such behaviour through counselling without being traumatised," he stresses.

"Stating that exposure to sex and violence in the media was driving the kids to explore things that they see on the screen, paediatrician A. Chenthi says it is actually the parents who have to be blamed for having failed to monitor their children and nurture them in the right way.

"You cannot let a child grow on its own like a wild plant. A good parent should imbibe values in the child when he is in the age group of two to six years. It would help the child face the world better. The children must know that any touch that is longer than five seconds is a bad touch," he adds.

Stressing the importance of parents having a close watch over the activities of their children and finding out reasons for changes in their behaviour, he says there must be someone in the family with whom the child should be able to discuss freely every issue that concerns him/her.

Paediatrician M. Vijayarani handling a counselling session on managing adolescence at CEDA Matriculation Higher Secondary School in the city on Saturday, notes a worrisome trend for the decrease in the age of girls attaining puberty, the most accepted cause being the change in intake of nutrition. Therefore, it should not be seen as anything more than a regular physiological change," she says.

The doctors spoke to The Hindu on the sidelines of an awareness programme conducted by them on managing adolescence for the teenage students of CEDA Matriculation Higher Secondary School at Koko
cam here and their parents.

During the programme, the students were educated on the temptations they might experience towards liquor, cigarettes and sex and how to overcome them. The parents were advised to handle delicate situations involving their children.

P. Anitha Rajavalli, president, IAP, Madurai branch, said the academy had been conducting such programmes for six years now in several cities across the country.

The Madurai programme was the second in Tamil Nadu.

The first programme was conducted in Coimbatore.

M. Mathiram, secretary, IAP, Madurai branch, said an exclusive training session for paediatricians too had been organised at the Institute of Child Health and Research Centre at Government Rajaji Hospital here on Sunday.
IAP & AHA IAP Partnership with Government of India

- Technical Expertise
- Training Programs
- Practice points
- Feedback: ASHAA
Yeh Dil Maange More………
Wish List

- Outpatient & inpatient adolescent health care to be primarily under the department of Pediatrics
- Age of pediatric care to be formally extended upto 19 years
- Legal clarity/revision regarding adolescent consent & confidentiality issues
- Immunisation: Tdap, HPV, MMR vaccines
- Authentic Data/ Annual surveillance
- Structured Positive Parenting Program
- Effective Teacher Training Program
IAP & AHA will continue to work towards making our Adolescents
Resilient, Healthy, Physically, Sexually & Emotionally Safe,
Academically engaged, Positive sense of self