



Indian Academy of Pediatrics
Adolescent Health Academy IAP
Committed To Comprehensive Health
Care for all Adolescents

Dr CP Bansal, President SAPA & IAP 2013

Dr JS Tuteja, Chairperson AHA IAP 2014-15

Dr Preeti M Galagali, Secy AHA IAP 2014-15



Indian Academy of Pediatrics & Adolescent Health



- 1999: Resolution on Age
- 2000: Adolescent Health Chapter; 10 members
- 2000: National Task Force on Adolescent Care
- 2002: IAP- International Training Prog on Adol Health
- 2005: Post Graduate Diploma Adolescent Pediatrics
- 2006: WHO Orientation & Training Program
- 2007: Adolescent Friendly School Initiative, Child Rights Prog
- 2010: Happy Parenting Program, Poor School Performance
- 2011: Adolescent Care in Office Practice Workshop
- 2012: Difficult Adolescent Workshop, Task Force on Obesity
- 2013: Mission Kishore Uday



Indian Academy of Pediatrics

Adolescent Health Academy (AHA)



- 1450 members, 8 city & 3 state branches
- 40 Teen Clinics: 12 states & 2 union territories
- Publications & Research
- Recommendations: UG, PG, Nursing Curricula
- Recommendations: Adolescent Immunisation
- AHA Website & Facebook Page
- AHA Newsletter: Adolescent Today
- Annual National AHA Conference
- IAP Teen Day, Healthy Lifestyle Day, Daughter's Day, Child & Adolescent Week



Mission **Kishore Uday**

A Comprehensive Adolescent Health Program Under

Golden Jubilee Project 2013

INDIAN ACADEMY OF PEDIATRICS



Mission Kishore Uday 2013 Beneficiaries >24,551
Mission Kishore Uday 2014





Mission Kishore Uday Beneficiaries till 7 January 2014 : 24,551



Boys	Girls	Parents & Teachers	Pediatricians
8845	7644	6097	1965





THE HINDU

MADURAI, SUNDAY, SEPTEMBER 8, 2013

HINDU 8/9/2013

VIRUDHUNAGAR | MINIMUM 26
YESTERDAY | MAXIMUM 32

SIVAGANGA | MINIMUM 26
YESTERDAY | MAXIMUM 34

DAY	09	10	11
SEP	09	10	11
SET	18 22	18 22	18 21
RISE	06 15	06 09	06 03
SET	20 25	21 14	22 05



MADURAI TODAY | 35 DEGREES

Chances of light rain. Light winds are likely. The sky is likely to remain cloudy over the district. The morning will be enjoyable.



'Proper parenting vital for kids'

Parents should imbibe values in children when they are in the 2-6 age group

EXPERTS
SPEAK

Mohamed Imranullah S.

MADURAI: S. Manimekalai (name changed), a middle class working mother, had a shock of her life recently and she did not know how to react when her son in Class II was reported to have been in the habit of kissing one of his female classmates and telling her that he was in love with her.

The school principal summoned the parents of both the children and informed them about the issue. While the boy's father turned furious and beat the kid violently, the girl's mother chose to ignore the issue completely by terming it a kiddish behaviour requiring no interference.

However, members of the Indian Academy of Paediatrics (IAP) say that both kinds of reactions from the parents are wrong. Paediatrician Newton Luiz says that such behaviour among children of tender age should not be confused with attraction that develops between teenagers.

"When kids kiss each other, it should be seen as an act of mischief and not as something immoral, because the element of sexual feeling is not there behind



Paediatrician M. Vijayarani handling a counselling session on managing adolescence at CEOA Matriculation Higher Secondary School in the city on Saturday. PHOTO: G. MOORTHY

their actions. The children must be made to stop such behaviour through counselling without being traumatised," he stresses.

Stating that exposure to sex and violence in the media was driving the kids to explore things that they see on the screen, paediatrician A. Chentil says it is actually the parents who have to be blamed for having failed to monitor their children and nurture them in the right way.

"You cannot let a child

grow on its own like a wild plant. A good parent should imbibe values in the child when it is in the age group of two to six years. It would help the child face the world better. The children must know that any touch that is longer than five seconds is a bad touch," he adds.

Stressing the importance of parents having a close watch over the activities of their children and finding out reasons for changes in their behaviour, he says there must be someone in

the family with whom the child should be able to discuss freely every issue that concerns him/her.

Paediatrician M. Vijayarani says girls attaining puberty at a much younger age is another issue that bothers the parents the most. Asking them not to panic, she says they should actually prepare their girl children well in advance to undergo the process.

"Though there are theories that exposure to sex in media is one of the reasons

for the decrease in the age of girls attaining puberty, the most accepted cause is the change in intake of nutrition. Therefore, it should not be seen as anything more than a regular physiological change," she says.

The doctors spoke to *The Hindu* on the sidelines of an awareness programme conducted by them on managing adolescence for the teenage students of CEOA Matriculation Higher Secondary School at Kosakulam here and their parents.

During the programme, the students were educated on the temptations they might experience towards liquor, cigarettes and sex, and how to overcome them. The parents were sensitised to handle delicate situations involving their children.

P. Amutha Rajeswari, president, IAP, Madurai branch, said the academy had been conducting such programmes in 50 cities across the country.

The Madurai programme was the second in Tamil Nadu. The first programme was conducted in Coimbatore.

M. Mathivanan, secretary, IAP, Madurai branch, said an exclusive training session for paediatricians too had been organised at the Institute of Child Health and Research Centre at Government Rajaji Hospital here on Sunday.

2 | दैनिक जागरण अमृतसर, 29 सितंबर 2013

सार-संक्षेप

विद्यार्थियों व शिक्षकों को दी जानकारी



सेमिनार के दौरान विद्यार्थियों को संबोधित करते हुए डाक्टर ।

संवाद सहयोगी, अमृतसर : दिल्ली पब्लिक स्कूल में शनिवार को 'अडोलोसेंट हेल्थ अकादमी' के विशेषज्ञ डाक्टरों ने स्कूल के विद्यार्थियों व शिक्षकों को युवा प्रशिक्षण कार्यक्रम के दौरान स्वास्थ्य संबंधी जानकारी दी। प्रिंसिपल संगीता सिंह ने टीम का स्वागत किया। कार्यक्रम का डा. सीपी बांसल व डा. एमएस पन्नु ने उद्घाटन किया। डाक्टरों ने कहा कि युवाओं में तनाव को कम करना आज एक बड़ी

चुनौती बन चुकी है। इनका संचालन न करने पर युवा तेजी से धूम्रपान, शराब व अन्य कई नशों में फँस जाता है। इससे समाज विरोधी व्यवहार करने लगते हैं। डा. प्रवीण सौध ने बताया कि युवा पीढ़ी कुपोषण, सेहत व लिंग, दिमागी, शारीरिक संबंधी व अन्य समस्याएं बताने से कतराते हैं। डा. जेएस टुटेजा ने बताया कि भारत में 27 फीसदी युवा रक्तहीनता के शिकार हैं। डा. अतुल कामकार ने भी विस्तृत जानकारी दी।





IAP & AHA IAP



Partnership with Government of India

- Technical Expertise
- Training Programs
- Practice points
- Feedback: ASHAA



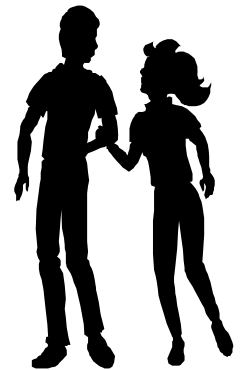
Yeh Dil Maange More.....

Wish List



- Outpatient & inpatient adolescent health care to be primarily under the department of Pediatrics
- Age of pediatric care to be formally extended upto 19 years
- Legal clarity/revision regarding adolescent consent & confidentiality issues
- Immunisation: Tdap, HPV, MMR vaccines
- Authentic Data/ Annual surveillance
- Structured Positive Parenting Program
- Effective Teacher Training Program

IAP & AHA will continue to work towards making our Adolescents



**Resilient, Healthy, Physically, Sexually &
Emotionally Safe,
Academically engaged, Positive sense of self**