Method of providing fluids and feeds for low birth weight infants

- **> 34 weeks**
  - Initiate Breastfeeding
- **32-34 weeks**
  - Observe if:
    1. Positioning and attachment are good
    2. Able to suck effectively and long enough (about 10-15 min)
    - Yes: Breastfeeding
    - No: Start feeds by spoon/paladai
- **28-31 weeks**
  - Start feeds by spoon/paladai
  - Observe if:
    1. Accepting well without spilling/coughing
    2. Able to accept adequate amount
    - Yes: Spoon/Paladai feeding
    - No: Start feed by OG tube
- **<28 weeks <1200 grams**
  - Start feed by OG tube
  - Observe if:
    1. Vomiting/abdominal distention occurs
    2. If the abdominal girth increases 2 cm from the baseline
    - No: gastric tube feeding
    - Yes: Start IV fluids

**Note:** For sick infants start with IV fluids and gradually progress to oral feeds.