



भारत सरकार  
स्वास्थ्य एवं परिवार कल्याण मंत्रालय  
कमरा नं. 145-ए, निर्माण भवन,  
नई दिल्ली-110 011

Government of India  
Ministry of Health & Family Welfare  
Room No. 145-A, Nirman Bhawan,  
New Delhi-110 011

**Dr. K. Rajeswara Rao, IAS**

JOINT SECRETARY

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D.O. No. L.19017/97/2016-NUHM

Dated 1<sup>st</sup> December, 2016

Dear *Colleague.*

As per the curriculum of BSc. Nursing & GNM courses as approved by Indian Nursing Council (INC), it is mandatory for the students to undergo field training at Urban Health Facility for a duration of 7weeks(49 days) & 8 weeks(63days) respectively. This additional human resource in the form of Nursing students and faculties can be tapped to support NUHM. This will not only supplement the programme but will also equip them with skills & knowledge in Urban Health.

Human resource is a very critical aspect for the effective implementation of the program. In the current scenario there is a shortage of human resource especially of nursing personnel under NUHM.

**At present there are 1752 institutions both govt. and private recognised by INC conducting BSc. Nursing course with capacity of 88211 seats and 3040 institutions conducting GNM course with 122017 seats.**

Break up for Urban Community experience during BSc Nursing and GNM are as follows- **GNM (3 year course including Internship) – First year – 4 weeks, third year 2 weeks and Internship 3 weeks-63 days-384 man hours/student-Total 4,68,54,528 man hours.**

**BSc Nursing (4 year course including Internship) – Second year 2 weeks, fourth year 1 week and Internship 4 weeks-49 days-289 man hours/student-Total 2,54,92,979 man hours.**

**The main objectives of the training are:**

- Assess health needs of family and community, Plan and carry out treatment for minor ailments and refer.
- Participate in School Health Program and National Health Programs.
- Organise group for self-help and involve clients in their own health activities.

Contd.....

- Provide Primary health care including MCH and family welfare services.
- Counsel and educate individual, family and community on nutrition, hygiene, self-health monitoring, seeking health services, healthy life style, family welfare methods and health promotion.
- Collect vital health statistics and maintain Records & reports.

Also please find enclosed the objectives of the urban postings as per the guidelines of the INC, details of State Nursing Councils, and number of institutions and seats available within your state for ready reference.


**You may co-ordinate the allocation of urban health facilities to the nursing institutions within your State/UTs with support from respective State/UT nursing councils. State Nodal Officer for NUHM may be designated as a single point of contact for collaborating institutions so that these resources which are expected to be available without any cost to the Govt. shall be optimally utilised.**

Action taken may please be intimated.

*With Regards*

*Encl: as stated*

Yours Sincerely,

 1/12/11

( Dr. K. Rajeswara Rao)

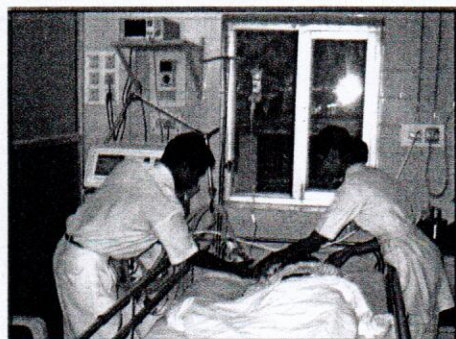
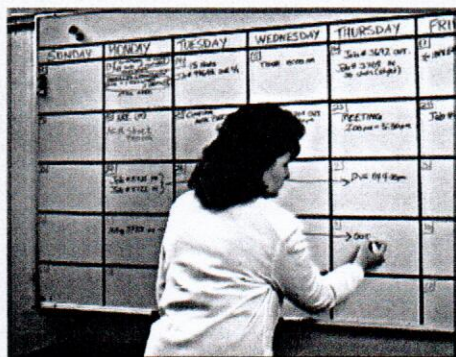
**Principal Secretaries (All States/UTs)**

Copy to:

Nursing Advisor, MoHFW, New Delhi

# Syllabus

## Basic B.Sc. Nursing



**Indian Nursing Council**

Combined Council Building, Kotla Road,  
Temple Lane, New Delhi-110002

# Community Health Nursing I - Practical

Placement: Second Year

Time: Practical - 135 hours

Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment methods
Community health nursing	2 wks urban and 2 wks rural	<ul style="list-style-type: none"> <li>• Build and Maintain rapport</li> <li>• Identify demographic characteristics, health determinants and community health resources</li> <li>• Diagnose health needs of individual and families</li> <li>• Provide primary care in health centre</li> <li>• Counsel and educate individual, family and community</li> </ul>	<ul style="list-style-type: none"> <li>• Use Techniques of interpersonal relationship</li> <li>• Identification of health determinants of community</li> <li>• History taking</li> <li>• Physical examination</li> <li>• Collect specimens- sputum, malaria smear</li> <li>• Perform simple lab tests at centre- blood for Haemoglobin and sugar, urine for albumin and sugar</li> <li>• Administer vaccines and medications to adults</li> <li>• Counsel and teach individual, family and community               <ul style="list-style-type: none"> <li>□ Nutrition</li> <li>□ Hygiene</li> <li>□ Self health monitoring</li> <li>□ Seeking health services</li> <li>□ Healthy life style</li> <li>□ Family welfare methods</li> <li>□ Health promotion</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• To work with 2 assigned families each in urban and rural</li> <li>• Family study -1</li> <li>• Observation report of community -1</li> <li>• Health talks 2 (1 in urban and in rural)</li> </ul>	<ul style="list-style-type: none"> <li>• Assess clinical performance with rating scale</li> <li>• Assess each skill with checklist</li> <li>• Evaluation of family study, observation report and health talk</li> <li>• Completion of activity record.</li> </ul>

# Community Health Nursing-II- Practical

Placement: Fourth Year

Time: Practical- 135 hours  
Internship- 195 hours

Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment methods
Community health nursing	1 wk for urban 4 wk for rural	<ul style="list-style-type: none"> <li>Identify community profile</li> <li>Identify prevalent communicable and non-communicable diseases</li> <li>Diagnose health needs of Individual, families and community</li> <li>Plan, provide and evaluate care</li> <li>Participate in school health program</li> <li>Participate in national health programs</li> <li>Organize group for self help and involve clients in their own health activities</li> <li>Provide family welfare services</li> <li>Counsel and</li> </ul>	<ul style="list-style-type: none"> <li>Community health survey</li> <li>Community diagnosis</li> <li>Family care: Home adaptation of common procedures</li> <li>Home visit: Bag technique</li> <li>Organize and conduct clinics- antenatal, post natal, well baby clinic, camps etc</li> <li>Screen manage and referrals for: <ul style="list-style-type: none"> <li>High risk mothers and neonates</li> <li>Accidents and emergencies</li> <li>Illnesses: Physical and mental</li> <li>Disabilities</li> </ul> </li> <li>Conduct delivery at centre/home: episiotomy and suturing</li> <li>Resuscitate newborn</li> <li>School Health programme <ul style="list-style-type: none"> <li>Screen, manage, refer children</li> </ul> </li> <li>Collaborate with health and allied</li> </ul>	<ul style="list-style-type: none"> <li>Community survey report-1</li> <li>Family care study- 1</li> <li>Project-1</li> <li>Health talk-1</li> <li>Case book recording</li> </ul>	<ul style="list-style-type: none"> <li>Assess clinical performance with rating scale</li> <li>Evaluation of community survey report, family care study, project and health talk</li> <li>Completion of activity record.</li> <li>Completion of case book recording</li> </ul>

Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment methods
		educate individual, family and community • Collect Vital health statistics • Maintain Records & reports	agencies • Train and Supervise health workers • Provide family welfare services: insertion of IUD • Counsel and teach individual, family and community about: HIV, TB, Diabetes, hypertension, Mental health, adolescents, elderly's health, physically and mentally challenged individuals etc • Collect and Calculate Vital health statistics • Document and maintain <input type="checkbox"/> Individual, family and administrative records. <input type="checkbox"/> Write reports-center, disease, national health programme/projects,		

**Placement:** Internship

**Time:** 4 Weeks

Area	Duration	Objective	Skills	Assessment
Urban	4 weeks	• Provide comprehensive care to individual, family and community	• Integrated Practice and group project-1 in each rural and urban	• Assess clinical performance with rating scale  • Evaluation of project

**Note:** During the rural posting they should stay in health centres under the supervision of teachers

# Syllabus and Regulations

## Diploma in General Nursing & Midwifery



**Indian Nursing Council**

**Combined Council Building, Kotla Road,  
Temple Lane, New Delhi-110002**

# COMMUNITY HEALTH NURSING I- PRACTICAL

Placement: FIRST YEAR

Time: Practical – 320 hours (8 weeks)

Areas	Duration	Objectives	Skills	Assignments	Assessment methods
Community health Nursing - urban / rural	8 weeks	<ul style="list-style-type: none"> <li>a) Organize home visit</li> <li>b) Prepare bag and demonstrate bag technique.</li> <li>c) Build up and maintain rapport with family.</li> <li>d) Identify needs of community</li> <li>e) Practice procedure</li> <li>f) Make referrals.</li> <li>g) Plan and conduct health education on identified health needs.</li> <li>h) Set up clinics with help of staff.</li> <li>i) Maintain records and reports</li> <li>j) Collect and record vital health statistics.</li> <li>k) Learn about various organizations of community health importance.</li> <li>l) Health Assessment family</li> <li>m) Identify the health needs of various age groups.</li> <li>n) Assess the environment</li> <li>o) Maintain family folders.</li> <li>p) Assessment nutritional needs</li> <li>q) Demonstrate different method of preparing food according to the nutritional need of family.</li> </ul>	<ul style="list-style-type: none"> <li>• Conducting Home visits.</li> <li>• Nutritional assessment of individuals.</li> <li>• Provide care at home as per Standing Orders / protocol.</li> <li>• Conduct health Education.</li> <li>• Set up of different Clinics.</li> <li>• Maintain Records &amp; Reports.</li> <li>• Practice family health nursing.</li> <li>• Demonstrate different methods of preparation of Meals.</li> </ul>	<ul style="list-style-type: none"> <li>• Daily Diary</li> <li>• Health talk -2</li> <li>• Family care plan based on family study -2.</li> <li>• Health assessment of an individual -2</li> <li>• Community Profile – 2</li> <li>• Report of visit to water purification plant, sewage plant, milk dairy, panchayat.</li> </ul>	<ul style="list-style-type: none"> <li>• Assess clinical performance with rating scale.</li> <li>• Evaluation of daily diary, health talk, family care plan, health assessment, community profile, observation report.</li> </ul>

# COMMUNITY HEALTH NURSING II- PRACTICAL

Placement: THIRD YEAR- PART I

Time: Practical – 160 hours

Area	Duration	Objectives	Skills	Assignments	Assessment Methods
Community Health Nursing II-	4 wks urban / rural	<ul style="list-style-type: none"> <li>• Organize and conduct clinics                             <ul style="list-style-type: none"> <li>- Antenatal</li> <li>- Postnatal</li> <li>- Family welfare.</li> <li>- Under five.</li> </ul> </li> <li>• Diagnose health needs and provide domiciliary care for antenatal and postnatal mothers.</li> <li>• Assess health needs of family; plan and carry out treatment for minor ailments; identify need for referral and refer.</li> <li>• Plan, conduct and follow up health education.</li> <li>• Assist in conducting camps and participate.</li> <li>• Maintain records and reports in PHC.</li> <li>• Assist in family welfare services and conduct need based health education.</li> <li>• Participate in school health programme.</li> <li>• Counsel and educate eligible couple, family and community.</li> </ul>	<ul style="list-style-type: none"> <li>- Assisting in set-up and conduct of the clinics:</li> <li>- Providing domiciliary care to the antenatal and postnatal cases using bag and / or Domiciliary Obstetric Kit.</li> <li>- Performing nursing care at home.</li> <li>- Preparing and conducting Health Teachings on Reproductive and Child Health ( RCH) Care Issues.</li> <li>- Assisting in organizing Camps.</li> <li>- Maintaining records and reports at Primary Health Centre.</li> <li>- Assisting in activities of Family Welfare.</li> <li>- Participating in School Health Services.</li> </ul>	<ul style="list-style-type: none"> <li>• Health talk- 2</li> <li>• Family Health Nursing care plan-2</li> <li>• Group project-1</li> <li>• Daily Dairy-1</li> <li>• Report on school health program</li> </ul>	<ul style="list-style-type: none"> <li>- Internal examination (1st&amp; 2nd term)</li> <li>- Pre Council examination</li> <li>- Assessment of performance with rating scale</li> <li>- Evaluation of Assignments</li> <li>- Field visit reports</li> <li>- Daily diary</li> </ul>

Placement- INTERNSHIP (THIRD YEAR PART-II)

Time- 288 Hours

Area	Duration	Objectives	Skills	Assignments	Assessment Methods
Urban / rural	6 weeks	Provide comprehensive care to individual family and community	Comprehensive nursing care to the individual , family and community	Integrated practice and group project Health talk – 2 Nursing care plan – 2	Assessment of clinical performance with rating scale Evaluation of group project.

**Distribution of Nursing Educational Institutes recognised by Indian Nursing Council and its Admission Capacity as on 31<sup>st</sup> March, 2016.**

S. No	States	BSc. Nursing						GNM					
		Institutions		Seats		Total		Institutions		Seats		Total	
		Govt	Pvt.	Govt	Pvt.	Inst	Seats	Govt	Pvt.	Govt	Pvt.	Inst	Seats
1	Andaman & Nicobar	0	0	0	0	0	0	1	0	20	0	1	20
2	Andhra Pradesh	8	136	381	6990	144	7371	9	155	460	6620	164	7080
3	Arunachal Pradesh	0	1	0	40	1	40	3	2	80	50	5	130
4	Assam	4	6	230	270	10	500	5	27	124	800	32	924
5	Bihar	1	4	40	160	5	200	7	11	371	440	18	811
6	Chandigarh	2	0	95	0	2	95	0	0	0	0	0	0
7	Chattisgarh	8	73	370	3250	81	3620	10	66	260	2225	76	2485
8	Dadra & Nagar Haveli	1	0	40	0	1	40	1	0	20	0	1	20
9	Delhi	7	4	385	210	11	595	5	13	160	550	18	710
10	Goa	1	2	100	80	3	180	1	0	50	0	1	50
11	Gujarat	8	50	390	2350	58	2740	23	83	820	3525	106	4345
12	Haryana	1	31	75	1410	32	1485	3	78	60	3160	81	3220
13	Himachal Pradesh	1	18	60	710	19	770	7	31	230	1230	38	1460
14	Jammu & Kashmir	3	5	150	250	8	400	0	16	0	635	16	635
15	Jharkhand	1	8	50	320	9	370	6	18	210	665	24	875
16	Karnataka	12	313	730	16940	325	17670	14	501	541	23082	515	23623
17	Kerala	8	123	525	6585	131	7110	16	190	425	6040	206	6465
18	Madhya Pradesh	4	143	220	6515	147	6735	18	319	915	12110	337	13025
19	Maharashtra	6	93	300	4095	99	4395	38	225	1309	6275	263	7584
20	Manipur	1	5	40	200	6	240	1	12	30	360	13	390
21	Meghalaya	1	1	50	40	2	90	2	5	50	145	7	195
22	Mizoram	2	0	65	0	2	65	2	3	40	100	5	140
23	Nagaland	0	1	0	40	1	40	2	2	80	50	4	130
24	Orissa	1	19	40	850	20	890	10	69	620	2410	79	3030
25	Pondicherry	2	13	175	840	15	1015	1	6	40	250	7	290
26	Punjab	5	96	320	4510	101	4830	10	202	450	9748	212	10198
27	Rajasthan	8	151	570	6730	159	7300	11	163	620	7670	174	8290
28	Sikkim	1	1	100	60	2	160	1	1	20	60	2	80
29	Tamilnadu	5	168	250	9670	173	9920	23	189	1735	5295	212	7030
30	Telangana	6	78	330	4170	84	4500	6	85	300	3767	91	4067
30	Tripura	0	4	0	180	4	180	2	3	100	110	5	210
31	Uttar Pradesh	5	60	240	2820	65	3060	6	232	180	10760	238	10940
32	Uttarakhand	1	11	60	500	12	560	3	19	100	700	22	800
33	West Bengal	9	11	410	635	20	1045	38	29	1595	1170	67	2765
<b>Grand Total</b>		<b>23</b>	<b>1629</b>	<b>6791</b>	<b>81420</b>	<b>1752</b>	<b>88211</b>	<b>285</b>	<b>2755</b>	<b>12015</b>	<b>110002</b>	<b>3040</b>	<b>122017</b>

**Distribution of Nursing Educational Institutes recognized by Indian Nursing Council  
and its Admission Capacity as on 31<sup>st</sup> March, 2016.**

SN	States	BSc,(Nur)		GNM	
		Total		Total	
		Inst	Seats	Inst	Seats
1	Andaman & Nicobar	0	0	1	20
2	Andhra Pradesh	144	7371	164	7080
3	Arunachal Pradesh	1	40	5	130
4	Assam	10	500	32	924
5	Bihar	5	200	18	811
6	Chandigarh	2	95	0	0
7	Chattisgarh	81	3620	76	2485
8	Dadra & Nagar Haveli	1	40	1	20
9	Delhi	11	595	18	710
10	Goa	3	180	1	50
11	Gujarat	58	2740	106	4345
12	Haryana	32	1485	81	3220
13	Himachal Pradesh	19	770	38	1460
14	Jammu & Kashmir	8	400	16	635
15	Jharkhand	9	370	24	875
16	Karnataka	325	17670	515	23623
17	Kerala	131	7110	206	6465
18	Madhya Pradesh	147	6735	337	13025
19	Maharashtra	99	4395	263	7584
20	Manipur	6	240	13	390
21	Meghalaya	2	90	7	195
22	Mizoram	2	65	5	140
23	Nagaland	1	40	4	130
24	Orissa	20	890	79	3030
25	Pondicherry	15	1015	7	290
26	Punjab	101	4830	212	10198
27	Rajasthan	159	7300	174	8290
28	Sikkim	2	160	2	80
29	Tamilnadu	173	9920	212	7030
30	Telangana	84	4500	91	4067
30	Tripura	4	180	5	210
31	Uttar Pradesh	65	3060	238	10940
32	Uttarakhand	12	560	22	800
33	West Bengal	20	1045	67	2765
<b>Grand Total</b>		1752	88211	3040	122017

## **OBJECTIVES AND SKILLS OF COMMUNITY HEALTH NURSING EXPERIENCE**

### **BSc(Nursing) (6 weeks rural and 7 weeks urban posting)**

#### **Objectives:-**

- Identify demographic characteristics, health determinants, community health resources and develop community profile.
- Identify prevalent communicable and non-communicable diseases.
- Participate in school health program.
- Participate in National Health Programs.
- Organise group for self-help and involve clients in their own health activities.
- Provide primary health care and family welfare services in the center.
- Counsel and educate individual, family and community.
- Collect vital health statistics.
- Maintain Records & reports.

#### **Skills to be developed/Practiced:**

- Identification of health determinants of community.
- History taking, Physical examination and Collection of specimens-sputum, malaria smear.
- Perform simple lab tests at centre-blood for Hemoglobin and sugar, urine for albumin and sugar.
- Administer vaccines and medications to adults.
- Counsel and teach individual, family and community, nutrition, hygiene, self-health monitoring, seeking health services, healthy life style, family welfare methods and health promotion.
- Community health survey and community diagnosis.
- Family care, home adaptation of common procedures.
- Home visit: Bag technique.
- Organise and conduct clinics-antenatal, post-natal, well baby clinic, camps etc.
- Screen, manage and referrals for: High risk mothers and neonates, Accidents and emergencies, illnesses: physical and mental, disabilities.
- Conduct delivery at centre/home: episiotomy and suturing.
- Resuscitate newborn.
- School Health Programme - Screen, Manage and refer children.
- Collaborate with health and allied agencies.
- Train and Supervise health workers.
- Provide family welfare services: insertion of IUCD.
- Counsel and teach individual, family and community about; HIV, TB, Diabetes, hypertension, Mental health, adolescents, elderly health, physically and mentally challenged individuals etc.
- Collect and Calculate Vital health statistics.
- Document and maintain, Individual, family and administrative records.
- Write reports-center, disease, national health programme/projects.

**GNM:- (10 weeks rural and 8 weeks urban posting)**

**Objectives:-**

- Assess health needs of family and community.
- Plan and carry out treatment for minor ailments; identify need for referral and refer.
- Plan, conduct and follow up health education.
- Assist in conducting camps and participate.
- Maintain records and reports in PHC.
- Assist in family welfare services and conduct need based health education.
- Participate in school health programme.
- Counsel and educate eligible couple family and community.
- Learn about various organizations of community health importance.
- Identify the health needs of various age groups.
- Assess the environment hygiene.
- Assessment of nutritional needs and demonstrate different methods of preparing food according to nutritional needs of the family.

**Skill**

- Conducting Home visits.
- Nutritional assessment of individuals.
- Provide care at home as per Standing Orders/Protocol.
- Conduct health Education.
- Set up of different Clinics.
- Maintain Records & Reports.
- Practice family health nursing.
- Demonstrate different methods of preparation of Meals.
- Assisting in set-up and conduct of the clinics.
- Providing domiciliary care to the antenatal and postnatal cases using bag and/or Domiciliary Obstetric Kit.
- Performing nursing care at home.
- Preparing and conducting Health Teachings on Reproductive and Child Health (RCH) Care Issues.
- Assisting in organizing Camps.
- Maintaining records and reports at Primary Health Centre.
- Assisting in activities of Family Welfare.
- Participating in School Health Services.

### STATE NURSING COUNCIL

SL. NO.	NAME OF MEMBERS & ADDRESS	CONTACT ADDRESS
1.	Smt. Ch. Roja Rani, Registrar, Andhra Pradesh Nurses & Midwives Council Sulthan Bazar, Hyderabad-500095, Telangana	040- 24657498 (O) 040- 24658569 (O) 040- 24653198 (F) Website: <a href="http://nmcouncil.ap.nic.in">http://nmcouncil.ap.nic.in</a> Email: <a href="mailto:apnmcouncil@yahoo.in">apnmcouncil@yahoo.in</a> <a href="mailto:apnursingcouncil@gmail.com">apnursingcouncil@gmail.com</a>
2.	Mrs.Kijum Karga The Registrar, Arunachal Pradesh Nursing Council,C Sector, Naharalagun,Papum Pare – 791110, Arunachal Pradesh	0360-2351044 (O) 09402061416 (M) Email: <a href="mailto:kargakijum@yahoo.com">kargakijum@yahoo.com</a>
3.	Prof.Dr. Tarulata Kakoti Majhi, Registrar, Assam Nurses Midwives & Health Visitor Council, Six Mile, Khanapra, Guwahati – 22 Assam.	0361-2595096 (O) 0361-2261630 (F) Email: <a href="mailto:kakatimajhitarulata@gmail.com">kakatimajhitarulata@gmail.com</a> / <a href="mailto:assamnursingcouncil@gmail.com">assamnursingcouncil@gmail.com</a>
4.	Ms. Munmun Mishra Registrar, Bihar Nurses Registration Council, Room No.-330-A, Vikas Bhawan, New Secretariat, Bailey Road, Patna - 800015 (Bihar)	0612-2215001 (O) 0612-2234992 (O) Email: <a href="mailto:registrar.bnrc@gmail.com">registrar.bnrc@gmail.com</a>
5.	Mrs. Pratima Trivedi Registrar, Chhattisgarh Nursing Council, Old Nurses Hostel,Dte. Of Health Services,Mantralaya Parisar, Raipur, Chhattisgarh	0771-4255942 (O) 0771-2221622 (F) +91-771-2227600 (O) <a href="mailto:p.trivedi2010@gmail.com">p.trivedi2010@gmail.com</a> <a href="mailto:ravi_raipur@ymail.com">ravi_raipur@ymail.com</a> <a href="mailto:snrc.cg@gmail.com">snrc.cg@gmail.com</a>
6.	Ms.Sneha Lata Manocha Registrar, Delhi Nursing Council, Ahilaya Bai College of Nursing Building, LNJP Hospital, New Delhi-110002.	011-23238304, 01123231633 (O) Website: <a href="http://www.delhinursingcouncil.com">www.delhinursingcouncil.com</a> E-mail: <a href="mailto:registrar@delhinursingcouncil.com">registrar@delhinursingcouncil.com</a>
7.	Ms.Anna Rauto D'Souza, Registrar, Goa Nursing Council, Institute of Nursing Education, Opposite Holly Cross Chapel, Bambolim – Goa -403202.	0832-2459727 (O) +91-832-2225540/2225646 (O) Email: <a href="mailto:goanursingcouncil@gmail.com">goanursingcouncil@gmail.com</a> <a href="mailto:registrar-gnc.goa@nic.in">registrar-gnc.goa@nic.in</a> <a href="mailto:anndra@rediffmail.com">anndra@rediffmail.com</a>
8.	Ms.Jashu Patidar Registrar, Gujarat Nursing Council, 3rd Floor States Council House, Near Cancer Hospital, Civil Hospital Campus, Ahmedabad, Gujarat - 16	079-22682089 (O) Email: <a href="mailto:gujaratnursingcouncil@yahoo.com">gujaratnursingcouncil@yahoo.com</a>
9.	Mr.Sandeep Rishi, Registrar - In charge, Haryana Nursing Council, SCO No.03, Sector 20 – D, Near Labour Chowk, Dakshini Marg, Chandigarh :- 160 020 (Haryana)	0172-2706094 (O) 0172-2568103 (R) Email: <a href="mailto:sandeepsr.rishi@gmail.com">sandeepsr.rishi@gmail.com</a> <a href="mailto:rishineclamshiva@gmail.com">rishineclamshiva@gmail.com</a> <a href="mailto:haryananursesouncil@gmail.com">haryananursesouncil@gmail.com</a>

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