



National Deworming Day

Did you know that children suffer from several harmful health issues because of worm infection, such as:

- Anemia • Nutritional impairment • Loss of appetite
- Weakness and anxiety • Stomach ache, nausea, vomiting, diarrhoea
- Weight loss



10 August 2018 - On National Deworming Day, deworming tablets will be administered free-of-cost at schools and *Anganwadi*

1. Children aged 1-5 will be administered this tablet at *Anganwadis*
2. Children aged 6-19 will be administered this tablet at schools
3. Unregistered and out-of-school children will be administered this tablet at *Anganwadis*
4. Albendazole is a safe drug for children. The tablet should be administered to the child at school/*Anganwadi* and not given to the child / parent to take home



Benefits of deworming children

Direct Benefits:

- Controls anemia
- Improves nutritional uptake

Indirect Benefits:

- Helps improve concentration, capacity to learn, and attendance at school/*Anganwadi*
- Helps improve work potential and livelihood opportunity
- Benefits the community by reducing worms in the environment



Remember – 10 August 2018

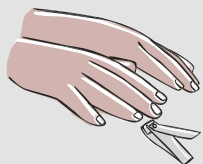
Take your child to the nearest school or *Anganwadi* where deworming tablets will be administered **free-of-cost**

Children who could not be dewormed on National Deworming Day should be dewormed on 17 August 2018



In addition to deworming, there are other practices that help to reduce worm infections

Keep your nails clean and short



Always drink clean water



Keep food covered



Wash fruits and vegetables with clean water



Wash your hands with soap, especially before eating and after using the toilet



Keep your surroundings clean



Wear shoes



Do not defecate in the open. Always use a toilet



For your information

Why should all children be dewormed, even though some children do not appear sick?

- It is essential to deworm all children to benefit the community by reducing worms in the environment. A child can carry worms for a long time but not have visible symptoms. But it has long-term impact on the health, education, and overall well-being of the child
- The deworming tablet helps in children's overall physical and cognitive development
- The tablet should always be chewed properly. Make sure clean drinking water is available to avoid choking. Albendazole tablets that are not chewed may have significantly lower effectiveness
- Call _____ for any medical assistance
- For more information, contact your ANM/ASHA/Anganwadi worker