10 August 2017

Remember- All children aged 1-19 years should be sent to the nearest Anganwadi or school, where safe and beneficial deworming tablet will be administered free-of-cost
In addition to deworming, there are other practices that help to reduce worm infections.

- Keep your nails clean and short.
- Keep your surroundings clean.
- Always drink clean water.
- Wear shoes.
- Do not defecate in the open. Always use a toilet.
- Keep food covered.
- Wash fruits and vegetables with clean water.
- Wash your hands with soap, especially before eating and after using the toilet.