National Deworming Day

10 February 2016

Remember to send your child aged 1-19 to the nearest anganwadi centre or school to have the safe and beneficial deworming tablet that will be provided free-of-cost.
Other practices to control transmission of worm infections, in addition to deworming

- Keep your nails clean and short
- Always drink clean water
- Keep food covered
- Wash fruits and vegetables with clean water
- Keep your surroundings clean
- Wear shoes/slippers
- Do not defecate in the open. Always use a toilet
- Wash your hands with soap, especially before eating and after using the toilet