



Dakshata



ToT Agenda

Duration	Topic	Suggested methodology
Day 1		
Section 1: Introduction to the concept of quality of care and role of SCC in it		
20 mins	Registration, Welcome and opening session (introduction, participants' expectations, training norms, goal and objectives of training, agenda, orientation to training package)	Interactive presentation and facilitation
45 mins	Pre-training knowledge assessment and pre-training OSCE	Simultaneous activity by learners, observed by trainers
30 mins	Training skills: <ol style="list-style-type: none"> Adult learning principles Competency based training approach Communication skills 	Interactive presentation
30 mins	Importance of ensuring quality care in labor room	Interactive presentation
20 mins	Current practices in client management in labour rooms at worksite of learners (flow of client care)	Brain storming and discussion using flipchart/ Sharing of facility assessment results
10 mins	Understanding stages of labor in relation to flow of client care	Interactive presentation
15 mins	Tea Break	
30 mins (20 mins + 10 mins)	Introduction to the Safe Childbirth Checklist (SCC)—A simple tool to improve quality of care Orientation to the layout of SCC	<ul style="list-style-type: none"> Interactive presentation Checklist reading
Section 2: Care at the time of admission		
90 mins	Triaging based on history, examination (including vitals) and decision for level of care Demonstration of critical assessment skills— <ol style="list-style-type: none"> Correct estimation of gestational age Appropriate assessment of uterine contractions Localizing and appropriate recording of FHR Hand washing, wearing gloves Conducting PV examination in detail and removing gloves BP measurement, Hb estimation by Sahli's method, Urine protein estimation by Uristix	<ul style="list-style-type: none"> Interactive presentation Videos on BP, Hb, urine protein and sugar Demonstration on models
45 mins	Lunch	

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30 mins (10 mins +20 mins)	Immediate actions for prevention of major complications in the mother: a. Antibiotics for infection prevention and management b. Antiretroviral therapy for HIV management	<ul style="list-style-type: none"> Refer to SCC Interactive presentation and discussion
	c. Management of threatened preterm birth (including use of antenatal corticosteroids)	<ul style="list-style-type: none"> Refer to SCC for ANCS Interactive presentation
45 mins	Prevention, identification and management of pre-eclampsia and eclampsia	<ul style="list-style-type: none"> Interactive presentation and discussion Refer to SCC Activity on preparation of loading dose and demonstration of knee jerk Video on management of PE/E (SBA module)
15 mins	Tea	
10 mins	Empowering birth companions for participation in care of the mother and the baby	Interactive presentation and discussion with SCC
5 mins	Summary and review of the day's activities	Presentation by learners
60 min	Labour room visit	

Duration	Topic	Suggested methodology
Day 2		
20 mins	<ul style="list-style-type: none"> Recap of day one. Present agenda day 2 	<ul style="list-style-type: none"> Recap by learners Review and facilitation by trainer
60 mins	Monitoring the progress of labor—plotting and interpreting partograph	<ul style="list-style-type: none"> Interactive presentation Practice on case study 1
30 mins	Principles of timely identification and management of prolonged and obstructed labor	Interactive presentation and discussion
15 mins	Tea	
Section 3: Essential practices just before, during and after delivery		
30 mins	Preparing for safe delivery: a. Personal protective equipment (PPE) b. Trays relevant for safe delivery as per MNH toolkit Importance of pre-filled oxytocin in sterile syringe	<ul style="list-style-type: none"> Demonstration of PPE Group activity for seven trays Interactive presentation and discussion

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10 mins	Normal delivery and active management of third stage of labor (AMTSL)	Interactive presentation and discussion
10 mins	Essential new born care (ENBC)	Interactive presentation and discussion
120 mins	Management of second and third stage of labor a. Conducting normal delivery (ND) b. ENBC and AMTSL c. New Born Resuscitation (NBR)	Demonstration followed by skill practice using models and skills checklist
45 mins	Lunch	
15 min	Review of care of mother and newborn soon after birth a. Regular assessment of clinical condition of mother and newborn (Routine care) b. Early initiation of breast feeding	Interactive presentation and discussion
30 mins	Preventing complications in newborn: a. Infection b. Hypothermia c. Breathing difficulty	<ul style="list-style-type: none"> • Group activity with the participants • Interactive presentation and discussion
30 mins	Prevention, identification and management of newborn infections a. Antibiotics and referral b. ARP for newborn	Interactive presentation and discussion referring to SCC
60 mins	Prevention, identification and management of postpartum hemorrhage (PPH) a. Prevention of PPH–AMTSL b. Initial management of shock (including fluid replacement) and PPH c. Bimanual compression d. Condom tamponade	<ul style="list-style-type: none"> • Group activity on preventive strategy • Interactive presentation • Video on PPH (SBA module 5, aortic compression & condom tamponade) • Demonstration and practice on models using skills checklists
15 mins	Tea	
10 mins	Summary and review of the day's activities	Presentation by learners

Duration	Topic	Suggested methodology
Day 3		
Section 4: Essential practices at the time of discharge		
40 mins	<ul style="list-style-type: none"> • Recap of day 2 • Review of Partograph exercises 	<ul style="list-style-type: none"> • Recap by learners • Facilitation by trainer

Duration	Topic	Suggested methodology
	<ul style="list-style-type: none"> Agenda of day 3 	
15 mins	Assessing and managing postpartum complications in mothers <ol style="list-style-type: none"> Puerperal sepsis Delayed PPH 	<ul style="list-style-type: none"> Interactive presentation and discussion Refer to SCC
45 mins	Special care for pre-term and LBW babies: <ol style="list-style-type: none"> Thermal management including KMC Assisted feeding- EBM, spoon/paladai feeding, OGT Infection prevention 	<ul style="list-style-type: none"> Interactive presentation Demonstration and practice on models on position and attachment for breastfeeding Demonstration on KMC and assisted feeding (EBM, spoon/paladai feeding and OGT insertion) Video on OGT insertion
30 mins	Postpartum family planning counseling (return to fertility, healthy timing and spacing of pregnancy, postpartum family planning options, BCS-Plus)	<ul style="list-style-type: none"> Interactive presentation using job-aids Role play
20 mins	Discharge counseling on danger signs for mother and baby and seeking care	Refer to SCC and discussions
15 mins	Tea	
20 mins	Respectful maternity care	<ul style="list-style-type: none"> Video RMC (MAF) Brainstorming and discussion using job-aid Role play
30 mins	Do's and Don'ts for all four stages of labor	Game
Section 5: Creating a quality enabling environment in labor rooms		
30 mins	Infection prevention practices and biomedical waste management	<ul style="list-style-type: none"> Interactive presentation, discussion Video Demonstration
85 mins	Organization of labor room as per Gol guidelines	<ul style="list-style-type: none"> Photographs based interactive presentation and discussion Group work Video on organization of labor room (Gol)
45 mins	Lunch	
30 mins	Recording and reporting <ul style="list-style-type: none"> LR Register Monthly Reporting Format 	Discussion with hand outs
45 mins	Post-training knowledge assessment and OSCE	Learners activity observed

Duration	Topic	Suggested methodology
	Learners' feedback of training Sharing knowledge and OSCE results	and presented by trainers
15 mins	Tea	
20 min	Action Planning	Group activity on low hanging fruits
30 min	Distribution of mock sessions	Session distribution to all participants

Duration	Topic	Suggested methodology
Day 4		
Learners' mock sessions		
30 min	Importance of ensuring quality of care in labor rooms	Learners
30 min	Introduction to the Safe Childbirth Checklist (SCC)- a simple tool to improve the quality of care Orientation to the layout of the SCC	Learners
10 mins	Immediate actions for prevention of major complications in the mother: <ul style="list-style-type: none"> a. Antibiotics for infection prevention and management b. Antiretroviral therapy for HIV management 	Learners
20 mins	Management of threatened preterm birth (including use of antenatal corticosteroids)	Learners
15 min	Tea	
60 min	Monitoring the progress of labor-plotting and interpreting partograph	Learners
30 min	Principles of timely identification and management of prolonged and obstructed labor	Learners
30 min	Prevention, identification, and management of PPH (theory)	Learners
30 min	Prevention, identification, and management of newborn infections <ul style="list-style-type: none"> a. Antibiotics and referral b. ARP for newborn 	Learners
Lunch		
30 min	Review of care of mother and newborn soon after birth <ul style="list-style-type: none"> a. Regular assessment of clinical condition of mother and newborn (Routine care) b. Early initiation of breast feeding c. Prevention of hypothermia 	Learners

Duration	Topic	Suggested methodology
45 min	Special care for pre-term and LBW babies: a. Thermal management including KMC b. Assisted feeding c. Infection prevention	Learners
15 min	Assessing and managing postpartum complications in mothers a. Puerperal sepsis b. Delayed PPH	Learners
Till day end	Practice time on concurrent skill stations	All learners

Duration	Topic	Suggested methodology
Day 5		
Learners' mock sessions		
9:00 am onwards	Concurrent sessions of skill demonstration by learners on: a. Initial assessment of pregnant woman and triaging- PA examination, PV examination, Wearing and removing of gloves, Hand-washing b. Management of second and third stage of labor including ENBC c. Management of 2 nd and third stage of labor with NBR d. Management of PPH including bimanual compression, external aortic compression and condom tamponade (1-2 learners) e. Breast feeding technique f. KMC g. Assisted feeding of pre-term newborn h. Role play on PPFPP counselling i. Role play on RMC j. Energizers k. Group activity on low hanging fruits for action planning	Learners
	Next steps, certificate distribution and closing	Trainer/Government or facility official