Ayushman Bharat Health and Wellness Centres
Transforming India’s Primary Health Care System
Ayushman Bharat strives for Universal Health Coverage through two inter-related components – establishment of **150,000 Health and Wellness Centers (HWCs) by 2022** to provide free and quality healthcare closer to people’s homes and **Pradhan Mantri Jan Arogya Yojana (PM-JAY)**, a health insurance cover for poor and vulnerable families.

Ministry of Health and Family Welfare (MoHFW) is transforming existing Sub Health Centres (SHCs), Primary Health Centres (PHCs) and Urban PHCs (UPHCs) across the country into Ayushman Bharat - Health and Wellnes Centres (AB-HWCs).

They have been conceptualized to provide **Comprehensive Primary Health Care (CPHC)**, which ensures the highest possible level of health and well-being at all ages, through a set of preventive, promotive, curative and rehabilitative services.
In 2017, the **National Health Policy** was launched, which not only accepted the recommendations of the Task Force for Comprehensive Primary Health Care and endorsed the establishment of Health & Wellness Centres (HWCs), but also stated that two-thirds of the budget be allocated to primary health care.

In the budget speech for Financial Year 2018-19, **an allocation of Rs.1200 crores** was announced for **Ayushman Bharat Health & Wellness Centres**.
Ayushman Bharat Health and Wellness Centres - Target Vs Achievement

*As on 04.03.2021

Source: https://ab-hwc.nhp.gov.in/home/
Equitable, Efficient and Effective Health Care

- **Provide universal access to free primary health care**: Cashless services, medicines and diagnostics
- **Promote wellness and prevent illness**: Platform for physical activity, yoga, healthy diets, and regular screening
- **Strengthen accountability**: Active engagement of community collectives through Jan Arogya Samities.
- **Provide first contact care close to people’s homes**: Reduce patient hardship.
- **Enable treatment adherence and follow-up**: Early detection of complications.
- **Enhance Continuum of Care**: Two way referral systems between all levels of care.
- **Expand access to higher level care**: Use of telemedicine to bridge access barriers.
Who is a Community Health Officer (CHO)?

The primary healthcare team at the Sub Health Centre level AB-HWCs is headed by a Community Health Officer (CHO) - who is a B.Sc./GNM Nurse or an Ayurveda Practitioner, trained and accredited in an approved Certificate Programme in Community Health.

Primary Health Care Team

The CHO heads the team of Multi-Purpose Workers (Male and Female) and Accredited Social Health Activists (ASHAs).
Health Care Services at AB-HWCs

Promotive Healthcare
- Eat Right
- Fit India Movement
- Yoga / Wellness activities

Continued Thrust on
- RMNCAH+N service delivery-SRH Services
- Communicable Diseases – TB, Leprosy, Vector Borne

Preventive Healthcare
- Screening / follow-up
- Hypertension, Diabetes,
- 3 common cancers - oral, breast and cervical cancer

Source: https://ab-hwc.nhp.gov.in/home/
Moving from Selective Primary Care to Comprehensive Primary Health Care

- Care in Pregnancy and Childbirth
- Neonatal and Infant Health Care Services
- Childhood and Adolescent Health Care Services
- Family Planning, Contraceptive Services and other Reproductive Health Care Services
- Management of Communicable Diseases: National Health Programmes
- General Out-patient Care for Acute Simple Illnesses and Minor Ailments
- Screening, Prevention, Control and Management of Non-communicable Diseases and Chronic Communicable diseases
- Basic Oral Health Care
- Care for Common Ophthalmic and ENT Problem
- Elderly and Palliative Health Care Services
- Emergency Medical Services including Burns and Trauma
- Screening and Basic Management of Mental Health Ailments

Source: https://ab-hwc.nhp.gov.in/home/
Ayushman Bharat, which is India’s path to Universal Health Care, is designed to ensure Continuum of Care between Health and Wellness Centres (AB-HWCs), providing universal, free Comprehensive Primary Health Care, through community-based outreach and out-patient care and the Pradhan Mantri Jan Arogya Yojana (PMJAY) that provides secondary and tertiary hospitalization care, to 40% of poor and marginalized population.

Bi-directional Referral and Return Linkages for Continuum of Care with AB-Pradhan Mantri Jan Arogya Yojna

Upward Referral
- Takes place from primary health care facilities to CHC/SDH/DH/MC as per patient eligibility.

PMJAY empanelled Secondary/Tertiary care public/private facilities

CHC/SDH/DH/MC
Continuum of care unit (ABCCs)

PHC-HWC

Downward Referral
- Takes place from tertiary/secondary care facilities to secondary/primary care facilities.
- ABCCs to facilitate

CHOs at SHC-HWC

Follow up in the community setting

Source: https://ab-hwc.nhp.gov.in/home/
AB-HWCs During COVID-19

COVID showed the high potential of primary health care teams in AB-HWCs. The teams:

- Ensured community awareness
- Promoted COVID appropriate behaviour
- Enabled contact tracing and enhanced surveillance
- Facilitated access to testing
- Supported isolation and quarantine facilities

Between February 2020 and March 2021:

32,061 AB-HWCs were made functional and received footfalls of over 3,013 lakhs of which 54% were women.

Over 5.46 crore screenings were done for hypertension and over 4 crores for diabetes.

The teams at HWCs ensured uninterrupted access to essential health services, especially for mothers and children.
PM Atmanirbhar Swasth Bharat Yojana (PMASBY)

Impetus to accelerating implementation and benefits of AB-HWCs

- Bridge infrastructure gaps in rural and urban areas
- Consolidate and strengthen rural primary health care
- Expand the number of urban HWCs to deepen Urban Primary Health Care Services
- Strengthen community partnerships in urban areas: Reach Resident Welfare Associations
- Enable the integration of surveillance and other public health functions into primary health care

Source: https://ab-hwc.nhp.gov.in/home/
Achievement of the States in FY 2020-21 (as on 4th March 2021)

Andhra Pradesh

- AB-HWCs functional: 3,413
- Footfall
  - Male: 2,03,58,252
  - Female: 2,30,83,402
- Individuals Screened: 62,12,306

Arunachal Pradesh

- AB-HWCs functional: 211
- Footfall
  - Male: 54,521
  - Female: 68,143
- Individuals Screened: 23,115

Assam

- AB-HWCs functional: 1,960
- Footfall
  - Male: 25,09,044
  - Female: 37,13,091
- Individuals Screened: 12,15,128

Bihar

- AB-HWCs functional: 1,464
- Footfall
  - Male: 24,87,568
  - Female: 28,57,691
- Individuals Screened: 1,53,894

*State / UT maps are not to scale

Source: https://ab-hwc.nhp.gov.in/home/
Achievement of the States in FY 2020-21 (as on 4th March 2021)

Chhattisgarh
- **AB-HWCs functional**: 2,588
- **Footfall**
  - Male: 45,93,561
  - Female: 64,18,696
- **Individuals Screened**: 35,76,784

Goa
- **AB-HWCs functional**: 100
- **Footfall**
  - Male: 4,86,350
  - Female: 5,03,202
- **Individuals Screened**: 48,369

Gujarat
- **AB-HWCs functional**: 5,111
- **Footfall**
  - Male: 1,89,14,651
  - Female: 2,10,91,602
- **Individuals Screened**: 80,73,868

Haryana
- **AB-HWCs functional**: 629
- **Footfall**
  - Male: 47,60,482
  - Female: 62,07,939
- **Individuals Screened**: 9,12,075

*State / UT maps are not to scale*
Achievement of the States in FY 2020-21 (as on 4th March 2021)

**Himachal Pradesh**
- Footfall
  - Male: 91,38,106
  - Female: 1,18,63,910
- Individuals Screened: 38,62,984
- AB-HWCs functional: 4,730

**Jharkhand**
- Footfall
  - Male: 9,55,042
  - Female: 14,60,673
- Individuals Screened: 3,74,265
- AB-HWCs functional: 1,294

**Karnataka**
- Footfall
  - Male: 1,24,35,201
  - Female: 1,49,14,797
- Individuals screened: 34,22,768
- AB-HWCs functional: 4,629

**Kerala**
- Footfall
  - Male: 1,36,80,249
  - Female: 1,63,87,993
- Individuals Screened: 20,04,317
- AB-HWCs functional: 908

*State / UT maps are not to scale*

Source: https://ab-hwc.nhp.gov.in/home/
Achievement of the States in FY 2020-21 (as on 4th March 2021)

Madhya Pradesh

- AB-HWCs functional: 4,730
- Footfall
  - Male: 91,38,106
  - Female: 1,18,63,910
- Individuals Screened: 38,62,984

Maharashtra

- AB-HWCs functional: 8,540
- Footfall
  - Male: 1,67,63,818
  - Female: 1,84,38,700
- Individuals screened: 1,21,48,529

Manipur

- AB-HWCs functional: 172
- Footfall
  - Male: 1,01,394
  - Female: 1,71,565
- Individuals Screened: 77,328

Meghalaya

- AB-HWCs functional: 200
- Footfall
  - Male: 4,33,023
  - Female: 8,42,861
- Individuals Screened: 1,02,121

*State / UT maps are not to scale

Source: https://ab-hwc.nhp.gov.in/home/
Achievement of the States in FY 2020-21 (as on 4th March 2021)

**Mizoram**
- Male: 1,66,144
- Female: 2,23,750
- Footfall: 37,885
- AB-HWCs functional: 119

**Nagaland**
- Male: 1,16,066
- Female: 1,51,661
- Footfall: 50,192
- AB-HWCs functional: 164

**Odisha**
- Male: 1,47,40,530
- Female: 1,33,30,695
- Footfall: 26,40,875
- AB-HWCs functional: 1,694

**Punjab**
- Male: 27,56,272
- Female: 47,78,166
- Footfall: 15,87,738
- AB-HWCs functional: 2,150

*State / UT maps are not to scale

Source: https://ab-hwc.nhp.gov.in/home/
Achievement of the States in FY 2020-21 (as on 4th March 2021)

Rajasthan
- Footfall
  - Male: 1,05,37,784
  - Female: 1,05,42,929
- Individuals Screened: 16,65,864
- AB-HWCs functional: 2,358

Sikkim
- Footfall
  - Male: 1,35,966
  - Female: 1,77,170
- Individuals Screened: 29,004
- AB-HWCs functional: 58

Tamil Nadu
- Footfall
  - Male: 1,30,30,739
  - Female: 1,57,00,453
- Individuals Screened: 91,24,166
- AB-HWCs functional: 4,289

Telangana
- Footfall
  - Male: 69,91,410
  - Female: 77,60,073
- Individuals Screened: 59,47,229
- AB-HWCs functional: 1,104

*State / UT maps are not to scale
Achievement of the States in FY 2020-21 (as on 4th March 2021)

**Tripura**
- **AB-HWCs functional:** 291
- **Footfall**
  - Male: 3,65,234
  - Female: 4,95,810
- **Individuals Screened:** 1,52,550

**Uttar Pradesh**
- **AB-HWCs functional:** 7,648
- **Footfall**
  - Male: 1,33,42,765
  - Female: 1,56,69,555
- **Individuals Screened:** 56,10,497

**Uttarakhand**
- **AB-HWCs functional:** 640
- **Footfall**
  - Male: 5,66,187
  - Female: 9,60,256
- **Individuals Screened:** 3,40,335

**West Bengal**
- **AB-HWCs functional:** 3,021
- **Footfall**
  - Male: 47,99,870
  - Female: 66,27,970
- **Individuals Screened:** 15,11,511

*State / UT maps are not to scale*
## Achievement of the UTs in FY 2020-21 (as on 4th March 2021)

### Andaman and Nicobar Island

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<tr>
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<th>SHC</th>
<th>PHC</th>
<th>UPHC</th>
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<td>5</td>
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<td>Islands</td>
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</tbody>
</table>

- **Footfall**
  - Male: 2,46,545
  - Female: 2,58,252
- **Individuals Screened**: 33,863

### Dadra & Nagar Haveli

<table>
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<th>Total</th>
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<td>8</td>
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<td>60</td>
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</tbody>
</table>

- **Footfall**
  - Male: 1,11,814
  - Female: 1,61,952
- **Individuals Screened**: 72,252

### Daman & Diu

<table>
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<tr>
<th></th>
<th>SHC</th>
<th>PHC</th>
<th>Total</th>
<th>AB-HWCs functional</th>
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<td>Daman &amp; Diu</td>
<td>26</td>
<td>4</td>
<td>30</td>
<td>30</td>
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</tbody>
</table>

- **Footfall**
  - Male: 1,64,661
  - Female: 1,65,567
- **Individuals Screened**: 1,99,877

### Chandigarh

- **PHC** 28

- **AB-HWCs functional**: 28

- **Footfall**
  - Male: 2,25,777
  - Female: 3,31,345
- **Individuals Screened**: 55,788

*State / UT maps are not to scale*
Achievement of the UTs in FY 2020-21 (as on 4th March 2021)

**Jammu and Kashmir**
- **Male:** 13,68,384
- **Female:** 17,82,314
- **Individuals Screened:** 4,78,175

**Ladakh**
- **Male:** 31,148
- **Female:** 35,095
- **Individuals Screened:** 2,767

**Lakshwadeep**
- **Male:** 23,551
- **Female:** 20,072
- **Individuals Screened:** 43,717

**Puducherry**
- **Male:** 13,68,384
- **Female:** 17,82,314
- **Individuals Screened:** 27,605

*State / UT maps are not to scale*

Source: https://ab-hwc.nhp.gov.in/home/
HWCs Achievements against the target for FY 2020-21: All the States and UTs*

*Functional as on 04.03.2021
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Know more at: https://ab-hwc.nhp.gov.in/

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