



Take your dose as per scheduled date on MPA card Carry your MPA card for every visit to the facility

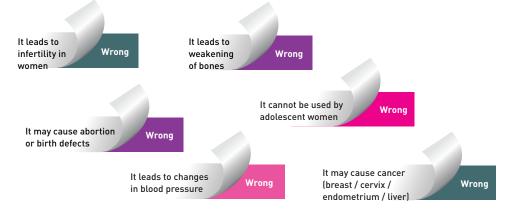


Do not massage the injection site



Do not give hot fomentation on the injection site

Misconceptions related to Injectable Contraceptives (MPA):



Wide range of contraceptive choices available under the National Family Planning Programme:





What is Injectable Contraceptive (MPA)?

Injectable (MPA) is an intramuscular hormonal contraceptive method for women that provides 3 months' protection with a single dose.

When can I opt for Injectable Contraceptive (MPA)?

Injectable contraceptive (MPA) can be opted at any time after proper screening.

The first dose can be taken:

- * Anytime after regular menstruation; Or
- * After 6 weeks of delivery; Or
- * Immediately after abortion

What if I miss a dose on the due date?

- Don't worry! Injectable contraceptive can be taken:
- ★ Upto 2 weeks prior to assigned date of dose; Or
- * Upto 4 weeks post the assigned date

If the due date exceeds by 4 weeks, a dose can be taken immediately, along with a backup method (condom) to be used for the next 7 days.

Who can opt for Injectable Contraceptive (MPA)?

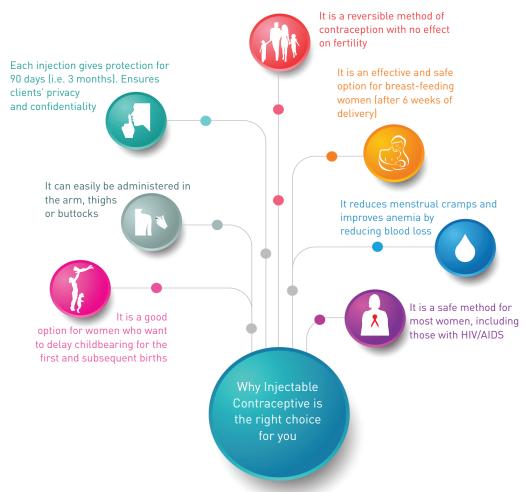
Injectable contraceptive is safe and suitable for nearly all women, including those who are unmarried and have no children.

If I don't have my periods after using Injectable Contraceptive (MPA), does it mean I am pregnant?

Chances are rare. But if a dose is missed or there are other signs of pregnancy, it is advised to contact your provider / doctor to rule out the same.

How long can I use Injectable Contraceptive (MPA) for?

Injectable contraceptive can be used for as long as you want and need protection from pregnancy.



Possible (non-harmful & reversible) effects of Injectable Contraceptives (MPA):

