



Ministry of Health and Family Welfare
Government of India



BREASTFEEDING & Infant and Young Child Feeding Practices

REPORT CARD: INDIA, STATES & UTs

August 2019



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सबका साथ, सबका विकास, सबका विश्वास
Sabka Saath, Sabka Vikas, Sabka Vishwas



सत्यमेव जयते

डॉ हर्ष वर्धन
Dr Harsh Vardhan

स्वास्थ्य एवं परिवार कल्याण, विज्ञान और प्रौद्योगिकी
व पृथ्वी विज्ञान मंत्री, भारत सरकार

Union Minister for Health & Family Welfare,
Science & Technology and Earth Sciences
Government of India



MESSAGE

Breastfeeding is one of the most cost effective interventions which addresses both survive and thrive agenda of child health. Studies have highlighted how breastfeeding, if universalized, could prevent disease and deaths in children and future breast and ovarian cancer in mothers. Early initiation of breastfeeding within an hour of birth can prevent neonatal mortality; whereas exclusive breastfeeding for 6 months can reduce under-five deaths significantly.

2. Inadequate breastfeeding puts a huge burden on our healthcare system. Skilled counselling and practical support to women in the health facilities both during pregnancy, at time of birth and later linking them with community workers, are key to promote breastfeeding.

3. We have to ensure that there is a conducive environment for all the mothers to practise breastfeeding at home, outside home and workplace. A step in this direction is the Mother's Absolute Affection (MAA) programme which provides an opportunity to build capacity of doctors, paramedical staff and community health workers to aid breastfeeding.

4. I am sure that the World Breastfeeding Week will help in accelerating and popularising the practice of breastfeeding. Such interventions to promote breastfeeding will go a long way in increasing breastfeeding coverage and improving new-born, infant and young children's health, survival and development.

(Dr. Harsh Vardhan)

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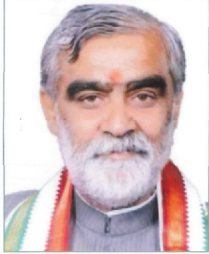
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अश्विनी कुमार चौबे
Ashwini Kumar Choubey



सत्यमेव जयते

सर्वे सन्तु निरामया



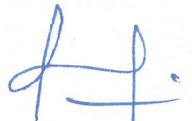
एक कदम स्वच्छता की ओर

संदेश

स्वास्थ्य एवं परिवार कल्याण राज्य मंत्री
भारत सरकार
MINISTER OF STATE FOR
HEALTH & FAMILY WELFARE
GOVERNMENT OF INDIA

बच्चों के जीवन को सुरक्षित बनाने के लिए स्तनपान एक महत्वपूर्ण और अति प्राचीन पद्धति है। बच्चों की होने वाली मौतों पर रोक लगाने तथा उनकी उत्तरजीविता और विकास को बढ़ावा देने के लिए गर्भवती और स्तनपान कराने वाली माताओं एवं उनके परिवार के सदस्यों और समाज में स्तनपान को बढ़ावा देने के उद्देश्य से समर्थकारी वातावरण का निर्माण एवं जागरूकता सृजन संबंधी क्रियाकलापों को बढ़ाना चाहिए। स्वास्थ्य सुविधा केन्द्रों में नर्सों एवं स्वास्थ्य कर्मियों की क्षमता निर्माण के माध्यम से स्तनपान की शीघ्र शुरुआत की दर में बढ़ोतरी करना, आशाकर्मियों द्वारा समाज के लोगों के साथ परिचर्चा करना तथा ग्राम स्वास्थ्य स्वच्छता और पोषण दिवसों (वीएचएसएनडी) में कुशल एएनएम द्वारा वार्तालाप करने जैसे समुदाय स्तर के क्रियाकलापों पर बल दिए जाने की आवश्यकता है।

मैं सभी राज्यों और संघ राज्य क्षेत्रों से यह अनुरोध करता हूँ कि देश में स्तनपान की शीघ्र शुरुआत करने की दरों में सफलतापूर्वक सुधार लाने के लिए स्तनपान से संबंधित सभी कार्यक्रमों के कार्यान्वयन को उच्च प्राथमिकता दें।


(अश्विनी कुमार चौबे)

स्थान: नई दिल्ली
दिनांक:

INTRODUCTION

The breastfeeding report card has been developed by devising a composite score, based on the three indicators namely early initiation of breastfeeding, exclusive breastfeeding for six months and complimentary feeding at 6-8 months of age. The information available from National Family Health Survey-4 has been used to develop this report card.

The report card provides status of breastfeeding and complementary feeding practices and also contains information on top and bottom districts on the basis of early initiation of breastfeeding. 28 States and 3 UTs have been ranked based on the composite index scores. Information in this report card will be useful for States and UTs to develop an action plan under the “Mother's Absolute Affection” (MAA) programme.

Ranking of 28 States & 3 Union Territories on 3 IYCF Indicators

States	Initiation of breastfeeding within 1 hour	Exclusive breastfeeding (0-6 months)	Complementary Feeding (6-9 months)	Total	Rank
Manipur	65.6	73.6	78.8	7.27	1
Mizoram	73.3	60.6	67.9	6.73	2
Odisha	69	65.6	54.9	6.32	3
Puducherry	64.6	47.6	76.6	6.29	4
Sikkim	69.7	54.6	61.8	6.20	5
Kerala	63.3	53.2	63.1	5.99	6
Chhattisgarh	47.4	77.2	53.9	5.95	7
Assam	65.4	63.6	49.4	5.95	8
Arunachal Pradesh	61.1	57.7	53.9	5.76	9
Tamil Nadu	55.4	48.3	67.5	5.71	10
Tripura	46.2	70.7	53.4	5.68	11
Nagaland	53.1	44.5	70.5	5.60	12
Andhra Pradesh	39.2	70.2	54	5.45	13
Meghalaya	60.8	35.8	66.6	5.44	14
Jammu & Kashmir	47.2	65.4	50	5.42	15
Himachal Pradesh	40.6	67.2	52.9	5.36	16
Telangana	35.9	67.3	55.9	5.30	17
Karnataka	57.7	54.6	45.5	5.26	18
Maharashtra	57	56.6	43.2	5.23	19
Andaman & nicobar Islands	43.4	66.8	45.1	5.18	20
Gujarat	49.8	55.8	49.4	5.17	21
West Bengal	47.5	52.3	52	5.06	22
Jharkhand	33	65	47.2	4.84	23
Madhya Pradesh	34.6	58.4	37.9	4.36	24
Uttarakhand	28.8	51	46.4	4.21	25
Haryana	42.3	50.4	32.7	4.18	26
Punjab	29.9	53.1	37.5	4.02	27
Bihar	35.4	53.5	30.6	3.98	28
Rajasthan	28.4	58.2	28.9	3.85	29
Delhi	28	49.6	35.4	3.77	30
Uttar Pradesh	25.4	41.9	32.4	3.32	31
Goa	75.4	60.9	0	4.54	*
Dadra & Nagar Haveli	47.8	72.7	0	4.02	*
Lakshadweep	61.3	54.8	0	3.87	*
Daman & diu	53.8	52.3	0	3.54	*
Chandigarh	35.1	0	0	1.17	*

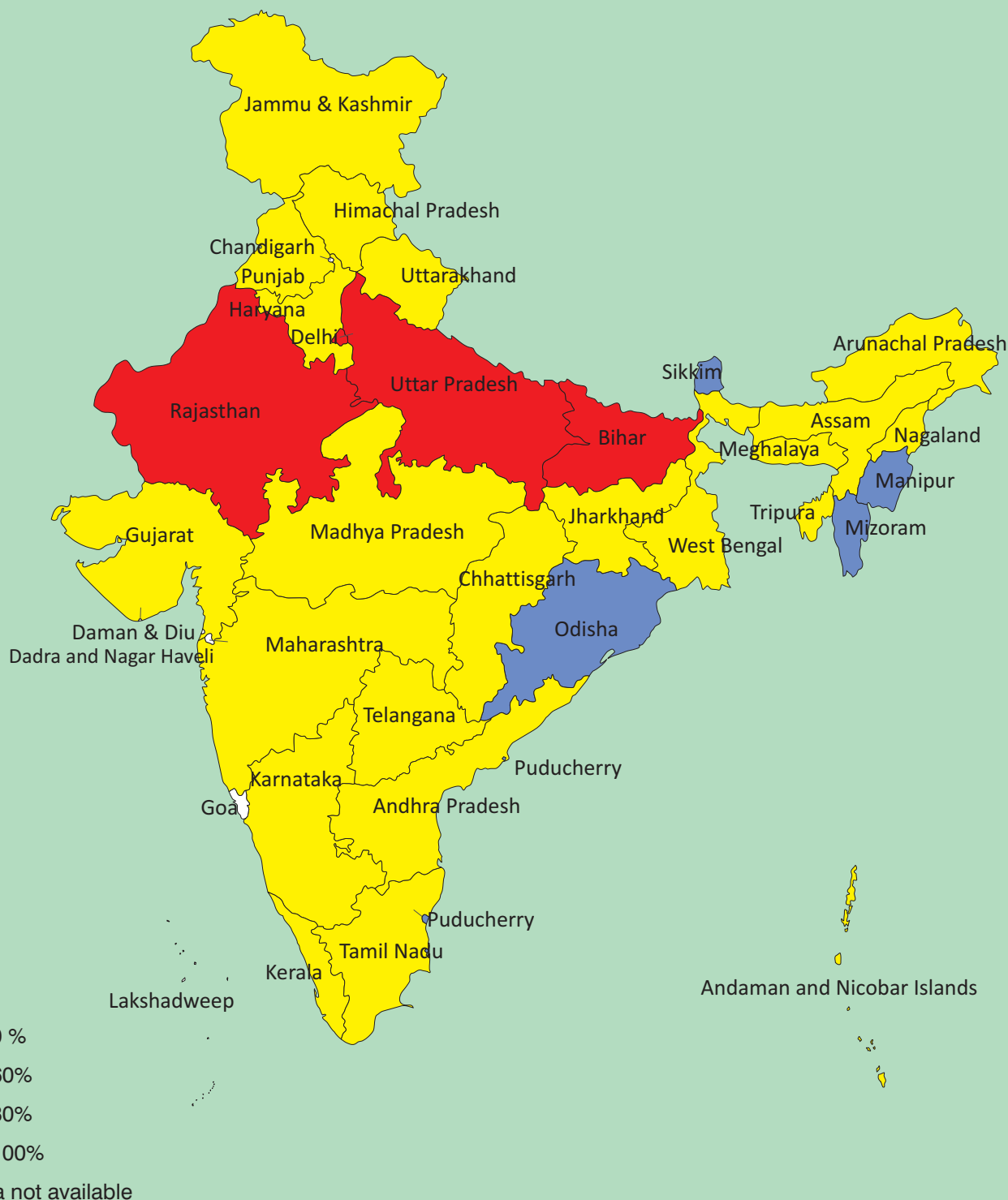
Source: NFHS-4

* **Note:** Ranking not done because data of all 3 indicators not available

Scoring and Ranking Method: It is the composite score of 3 indicators base on actual values, e.g. 65.6% gets a score of 6.56. Ranking is done in the descending order of the score out of 10.

State of Breastfeeding in the 28 States & 3 Union Territories

3 IYCF Indicators



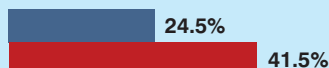
Note: Based on the score of each State, a composite index has been developed and given a colour code according to its performance. 0-40%: Red (Poor), 41-60%: Yellow (Fair), 61-80%: Blue (Good), 81% and above: Green (Very Good)



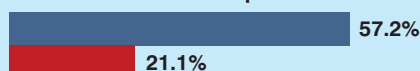
Breastfeeding & Infant and Young Child Feeding Practices REPORT CARD: INDIA

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

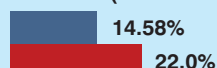


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



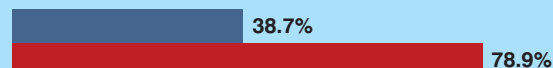
Children (6-23 months) minimum dietary diversity



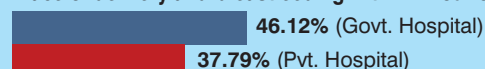
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

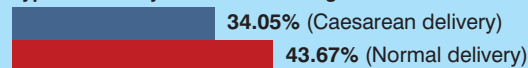
Institutional births



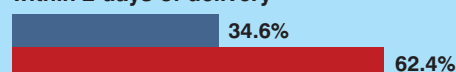
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 India Report. <http://rchiips.org/nfhs/NFHS-4Reports/India.pdf> accessed on July 24, 2019.
2. NFHS-4 India Fact Sheet. <http://rchiips.org/nfhs/pdf/NFHS4/India.pdf> accessed on July 24, 2019.
3. NFHS-3 India Report. http://rchiips.org/nfhs/nfhs3_national_report.shtml accessed on July 24, 2019.

Children breastfed within one hour of birth (NFHS-4)

Bottom states

States	Percentage
Uttar Pradesh	25.4
Delhi	28
Rajasthan	28.4
Uttarakhand	28.8
Punjab	29.9

Top states

States	Percentage
Goa	75.4
Mizoram	73.3
Sikkim	69.7
Odisha	69
Manipur	65.6

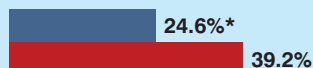


Breastfeeding & Infant and Young Child Feeding Practices

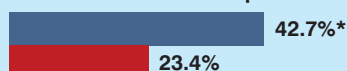
REPORT CARD: ANDHRA PRADESH

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

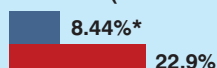


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



* NFHS-3 data (when Andhra Pradesh was undivided before 2014)

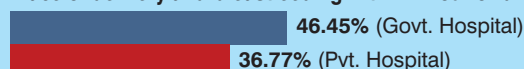
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

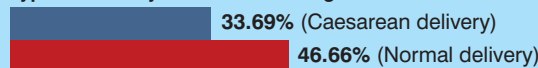
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Andhra Pradesh Report. <http://rchiips.org/nfhs/NFHS-4Reports/AndhraPradesh.pdf> accessed on July 27, 2019
2. NFHS-4 Andhra Pradesh Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/AP_FactSheet.pdf accessed on July 27, 2019
3. NFHS-3 Andhra Pradesh Report. http://rchiips.org/nfhs/NFHS-3%20Data/ap_state_report_printed_version_for_website.pdf accessed on July 27, 2019

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Srikakulam	29.8
Kurnool	29.9
Sri Potti Sriramulu Nellore	30.0
Prakasam	32.0
West Godavari	32.6
Krishna	33.9
East Godavari	36.5

Top districts

District	Percentage
Visakhapatnam	65.1
Anantapur	49.9
Guntur	46.2
Vizianagaram	42.6
Chittoor	39.5
Y.S.R.	38.6



Breastfeeding & Infant and Young Child Feeding Practices

REPORT CARD: ARUNACHAL PRADESH

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

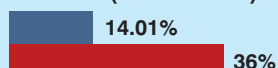


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



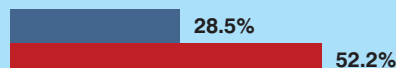
Children (6-23 months) minimum dietary diversity



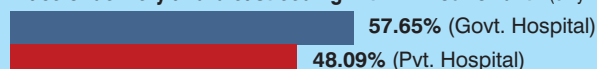
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

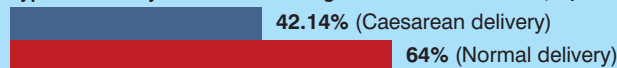
Institutional births



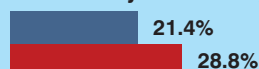
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Arunachal Pradesh Report. <http://rchiips.org/nfhs/NFHS-4Reports/ArunachalPradesh.pdf> accessed on July 24, 2019.
2. NFHS-4 Arunachal Pradesh Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/AR_FactSheet.pdf accessed on July 24, 2019.
3. NFHS-3 Arunachal Pradesh Report. http://rchiips.org/nfhs/NFHS-3%20Data/arunachal_pradesh_state_report_for_website.pdf accessed on July 24, 2019.

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
East Siang	39.5
Papumpare	40.7
Anjaw	49.0
Lower Dibang Valley	52.1
Lower Subansiri	53.9
Upper Siang	55.9
Kurung Kumey	56.0

Top districts

District	Percentage
Lohit	79.7
Tirap	75.1
West Siang	74.0
West Kameng	70.2
Changlang	67.8
Dibang Valley	65.6
Upper Subansiri	61.6



Breastfeeding & Infant and Young Child Feeding Practices

REPORT CARD: ASSAM

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

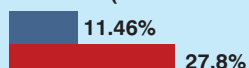


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

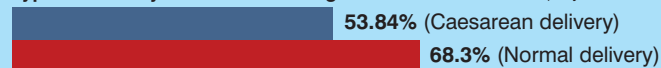
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Assam Report. <http://rchiips.org/nfhs/NFHS-4Reports/Assam.pdf> accessed on July 27, 2019
2. NFHS-4 Assam Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/AS_FactSheet.pdf accessed on July 27, 2019
3. NFHS-3 Assam Report. http://rchiips.org/nfhs/assam_report_for_website.pdf accessed on July 27, 2019

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Cachar	29.3
Karimganj	32.1
Hailakandi	34.8
Dima Hasao	60.7
Kamrup Metropolitan	61.4
Kamrup	64.6
Dhubri	64.9

Top districts

District	Percentage
Karbi Anglong	81.2
Golaghat	80.8
Udalguri	80.7
Goalpara	78.1
Lakhimpur	77.6
Baksa	77.1
Chirang	76.2



Breastfeeding & Infant and Young Child Feeding Practices

REPORT CARD: BIHAR

Early Initiation & Exclusive Breastfeeding

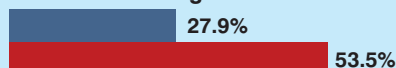
Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life

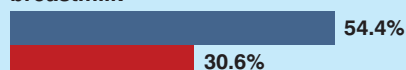


Children under age 6 months exclusively breastfed

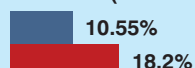


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



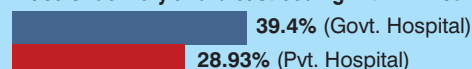
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

Institutional births



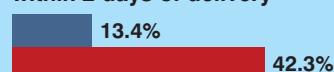
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Bihar Report. <http://rchiips.org/nfhs/NFHS-4Reports/Bihar.pdf> accessed on May 2, 2019.
2. NFHS-4 Bihar Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/BR_FactSheet.pdf accessed on May 2, 2019.
3. NFHS-3 Bihar Report. http://rchiips.org/nfhs/NFHS-3%20Data/Bihar_report.pdf accessed on May 2, 2019.

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Rohtas	21.2
Darbhanga	22.1
Saharsa	23.4
Supaul	26.0
Bhojpur	27.9
Bhagalpur	28.5
Begusarai	29.4

Top districts

District	Percentage
Nalanda	50.3
Jehanabad	49.0
Madhepura	48.9
Purnia	44.1
Katihar	43.0
Saran	43.0
Aurangabad	42.4

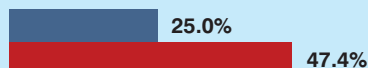


Breastfeeding & Infant and Young Child Feeding Practices

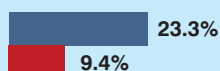
REPORT CARD: CHHATTISGARH

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

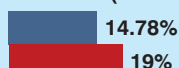


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



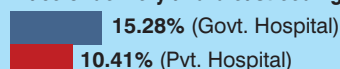
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

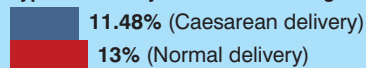
Institutional births



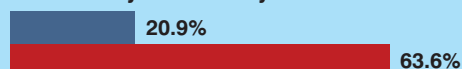
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Chhattisgarh Report. <http://rchiips.org/nfhs/NFHS-4Reports/Chhattisgarh.pdf> accessed on May 28, 2019.
2. NFHS-4 Chhattisgarh Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/CT_FactSheet.pdf accessed on May 28, 2019.
3. NFHS-3 Chhattisgarh Report. http://rchiips.org/nfhs/NFHS-3%20Data/Chhattisgarh_report.pdf on May 28, 2019.

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Surguja	33.9
Durg	37.8
Janjgir Champa	39.0
Dakshin Bastar Dantewada	39.1
Jashpur	39.6
Raigarh	40.5
Uttar Bastar Kanker	43.4

Top districts

District	Percentage
Rajnandgaon	68.5
Narayanpur	56.4
Bilaspur	54.5
Dhamtari	53.7
Bastar	51.2
Mahasamund	50.9
Bijapur	49.1



Breastfeeding & Infant and Young Child Feeding Practices

REPORT CARD: GOA

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

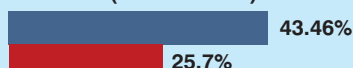


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Goa Report. <http://rchiips.org/nfhs/NFHS-4Reports/Goa.pdf> accessed on July 27, 2019
2. NFHS-4 Goa Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/GA_FactSheet.pdf accessed on July 27, 2019
3. NFHS-3 Goa Report. http://rchiips.org/nfhs/NFHS-3%20Data/goa_state_report_for_website.pdf accessed on July 27, 2019

Children breastfed within one hour of birth (NFHS-4)

District	Percentage
South Goa	59.0
North Goa	87.3

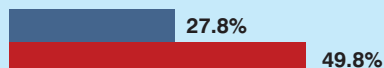


Breastfeeding & Infant and Young Child Feeding Practices

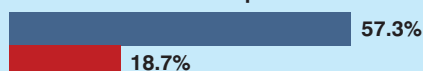
REPORT CARD: GUJARAT

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

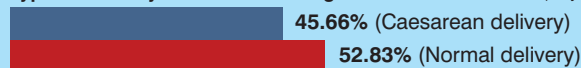
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Gujarat Report. <http://rchiips.org/nfhs/NFHS-4Reports/Gujarat.pdf> accessed on July 26, 2019.
2. NFHS-4 Gujarat Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/GJ_FactSheet.pdf accessed on July 26, 2019.
3. NFHS-3 Gujarat Report. http://rchiips.org/nfhs/NFHS-3%20Data/gujarat_state_report_for_website.pdf accessed on July 26, 2019.

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Jamnagar	31.9
Tapi	32.3
Dohad	35.4
Panchmahal	36.5
Patan	41.4
Kachchh	43.7
Sabarkantha	44.2

Top districts

District	Percentage
Valsad	76.3
Bharuch	66.9
Anand	66.1
Gandhinagar	64.0
Porbandar	62.9
Kheda	60.0
Surendranagar	56.9

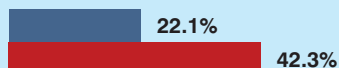


Breastfeeding & Infant and Young Child Feeding Practices

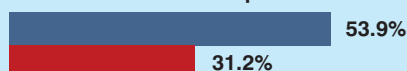
REPORT CARD: HARYANA

Early Initiation & Exclusive Breastfeeding

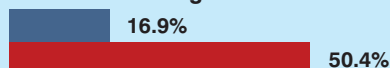
Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

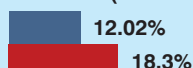


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



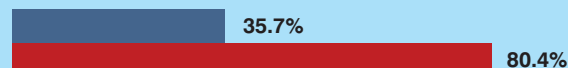
Children (6-23 months) minimum dietary diversity



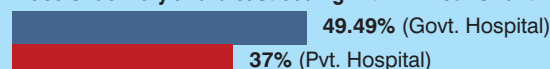
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

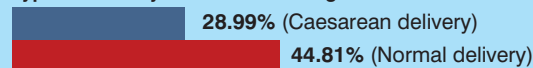
Institutional births



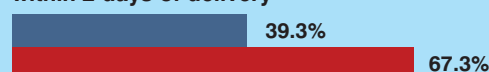
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Haryana Report. <http://rchiips.org/nfhs/NFHS-4Reports/Haryana.pdf> accessed on July 26, 2019.
2. NFHS-4 Haryana Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/HR_FactSheet.pdf accessed on July 26, 2019.
3. NFHS-3 Haryana Report. http://rchiips.org/nfhs/NFHS-3%20Data/hr_state_report_printed_version_for_website.pdf accessed on July 26, 2019.

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Panipat	16.6
Gurugram	17.8
Sonipat	25.4
Jhajjar	28.9
Palwal	29.8
Mewat	31.0
Rewari	36.7

Top districts

District	Percentage
Mahendragarh	73.0
Jind	70.5
Fatehabad	59.4
Ambala	58.9
Faridabad	55.1
Rohtak	53.3
Karnal	51.0



Breastfeeding & Infant and Young Child Feeding Practices

REPORT CARD: HIMACHAL PRADESH

Early Initiation & Exclusive Breastfeeding

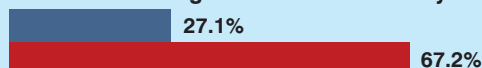
Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

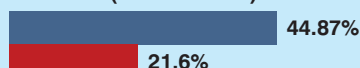


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



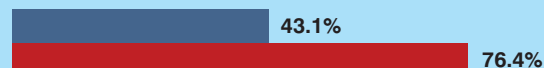
Children (6-23 months) minimum dietary diversity



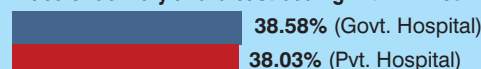
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

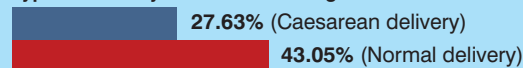
Institutional births



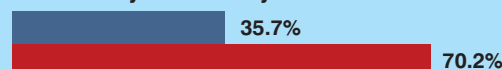
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Himachal Pradesh Report. <http://rchiips.org/nfhs/NFHS-4Reports/HimachalPradesh.pdf> accessed on July 26, 2019.
2. NFHS-4 Himachal Pradesh Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/HP_FactSheet.pdf accessed on July 26, 2019.
3. NFHS-3 Himachal Pradesh Report. http://rchiips.org/nfhs/NFHS-3%20Data/HimachalPradesh_report.pdf accessed on July 26, 2019.

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Una	23.0
Chamba	34.3
Solan	37.0
Hamirpur	37.4
Mandi	38.6
Bilaspur	39.2

Top districts

District	Percentage
Kinnaur	58.4
Kullu	52.7
Sirmaur	52.3
Lahul and Spiti	49.7
Shimla	45.4
Kangra	44.0



Breastfeeding & Infant and Young Child Feeding Practices

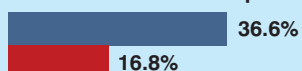
REPORT CARD: JAMMU & KASHMIR

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



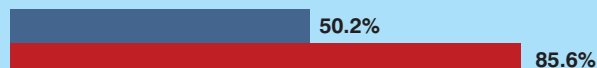
Children (6-23 months) minimum dietary diversity



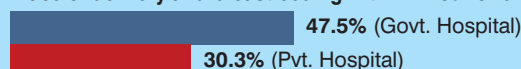
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

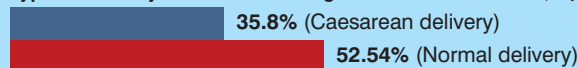
Institutional births



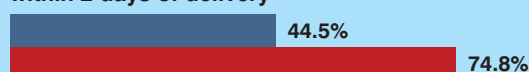
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Jammu & Kashmir Report. <http://rchiips.org/nfhs/NFHS-4Reports/Jammu&Kashmir.pdf> accessed on July 24, 2019.
2. NFHS-4 Jammu & Kashmir Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/JK_FactSheet.pdf accessed on July 24, 2019.
3. NFHS-3 Jammu & Kashmir Report. http://rchiips.org/nfhs/NFHS-3%20Data/Jammu%20&%20Kashmir_printed_version_for_websitepdf.pdf accessed on July 24, 2019.

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Srinagar	32.9
Doda	33.8
Bandipore	35.5
Kishtwar	37.2
Kupwara	41.5
Udhampur	41.6
Samba	41.7

Top districts

District	Percentage
Badgam	68.5
Leh	60.1
Rajouri	56.5
Jammu	55.4
Kargil	54.3
Baramula	52.9
Kathua	51.1

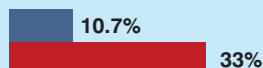


Breastfeeding & Infant and Young Child Feeding Practices

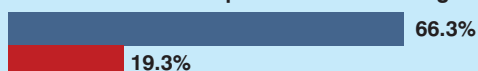
REPORT CARD: JHARKHAND

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

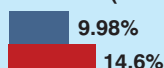


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



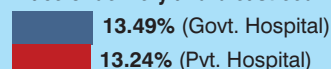
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

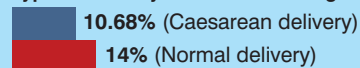
Institutional births



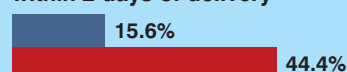
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Jharkhand Report. <http://rchiips.org/nfhs/NFHS-4Reports/Jharkhand.pdf> accessed on May 28, 2019.
2. NFHS-4 Jharkhand Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/JH_FactSheet.pdf accessed on May 28, 2019.
3. NFHS-3 Jharkhand Report. http://rchiips.org/nfhs/NFHS-3%20Data/Jharkhand_report.pdf accessed on May 28, 2019.

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Kodarma	18.2
Dhanbad	19.8
Bokaro	20.5
Purbi Singhbhum	24.2
Sahibganj	27.7
Chatra	28.4
Deoghar	29.8

Top districts

District	Percentage
Lohardaga	57.5
Saraikela Kharsawan	45.2
Godda	41.9
Pakur	41.5
Hazaribagh	41.2
Ranchi	39.1
Giridih	38.0

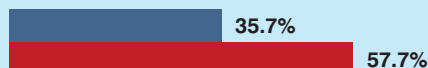


Breastfeeding & Infant and Young Child Feeding Practices

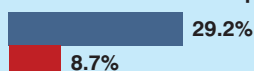
REPORT CARD: KARNATAKA

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life

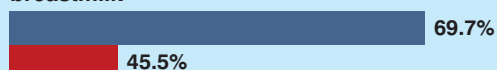


Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

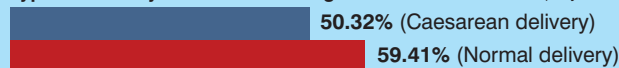
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Karnataka Report. <http://rchiips.org/nfhs/NFHS-4Reports/Karnataka.pdf> accessed on May 28, 2019.
2. NFHS-4 Karnataka Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/KA_FactSheet.pdf accessed on May 28, 2019.
3. NFHS-3 Karnataka Report. http://rchiips.org/nfhs/NFHS-3%20Data/Karnataka_report.pdf on May 28, 2019.

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Shimoga	45.0
Udupi	45.9
Dakshina Kannada	47.1
Bijapur	47.9
Chikmagalur	49.1
Bengaluru Rural	50.3
Mandya	51.6

Top districts

District	Percentage
Davanagere	76.1
Chamarajanagar	73.2
Belgaum	70.2
Bidar	68.9
Yadgir	66.6
Koppal	66.0
Haveri	64.1

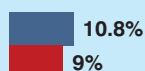
Breastfeeding & Infant and Young Child Feeding Practices REPORT CARD: KERALA

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

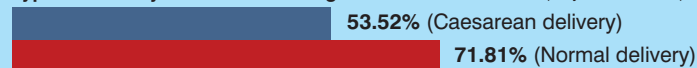
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Kerala Report. http://rchiips.org/nfhs/pdf/NFHS4/KL_FactSheet.pdf accessed on 24 July 2019
2. NFHS-4 Kerala Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/KL_FactSheet.pdf accessed on 25 July 2019
3. NFHS-3 Kerala Report. http://rchiips.org/nfhs/NFHS-3%20Data/ke_state_report_for_website.pdf accessed on 25 July 2019

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Kollam	28.7
Pathanamthitta	39.9
Idukki	58.8
Alappuzha	59.5
Ernakulam	59.7
Palakkad	63.4
Kasaragod	63.6

Top districts

District	Percentage
Kottayam	81.4
Kannur	76.4
Kozhikode	72.6
Thiruvananthapuram	66.5
Wayanad	66.0
Thrissur	65.8
Malappuram	65.1

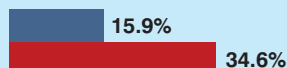


Breastfeeding & Infant and Young Child Feeding Practices

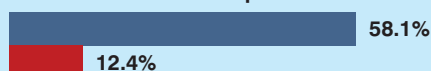
REPORT CARD: MADHYA PRADESH

Early Initiation & Exclusive Breastfeeding

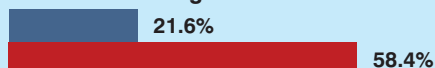
Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

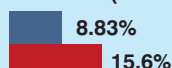


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



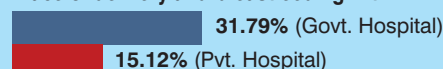
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

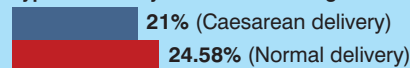
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Madhya Pradesh Report. <http://rchiips.org/nfhs/NFHS-4Reports/MadhyaPradesh.pdf> accessed on May 28, 2019.
2. NFHS-4 Madhya Pradesh Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/MP_FactSheet.pdf accessed on May 28, 2019.
3. NFHS-3 Madhya Pradesh Report. http://rchiips.org/nfhs/NFHS-3%20Data/madhya%20pradesh_state_report_for_website_17feb09.pdf on May 28, 2019.

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Ratlam	16.1
Bhopal	16.9
Dhar	17.8
Khargone (West Nimar)	17.8
Ujjain	19.8
Jhabua	20.5
Neemuch	21.4

Top districts

District	Percentage
Shahdol	53.8
Balaghat	52.1
Jabalpur	51.4
Mandla	50.9
Betul	50.2
Sidhi	50.0
Damoh	49.0



Breastfeeding & Infant and Young Child Feeding Practices

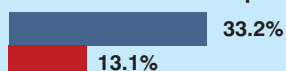
REPORT CARD: MAHARASHTRA

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

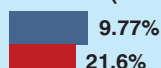


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



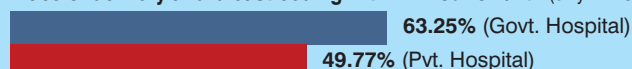
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

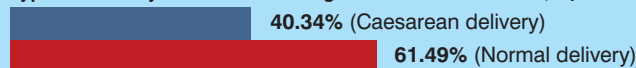
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Maharashtra Report. <http://rchiips.org/nfhs/NFHS-4Reports/Maharashtra.pdf> accessed on June 17, 2019.
2. NFHS-4 Maharashtra Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/MH_FactSheet.pdf accessed on June 17, 2019.
3. NFHS-3 Maharashtra Report. http://rchiips.org/nfhs/NFHS-3%20Data/Maharashtra_report.pdf

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Buldana	26.5
Bhandara	32.6
Aurangabad	43.4
Mumbai	43.9
Ahmadnagar	44.1
Parbhani	46.6
Sangli	48.7

Top districts

District	Percentage
Gondiya	69.7
Osmanabad	67.9
Chandrapur	66.8
Nanded	65.3
Jalgaon	64.7
Nandurbar	63.7
Nagpur	63.5



Breastfeeding & Infant and Young Child Feeding Practices

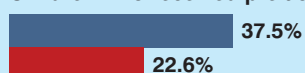
REPORT CARD: MANIPUR

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

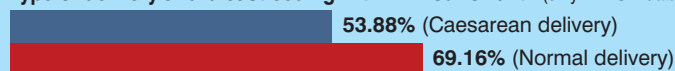
Institutional births



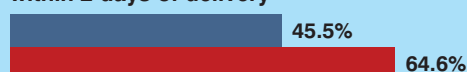
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Manipur Report. <http://rchiips.org/nfhs/NFHS-4Reports/Manipur.pdf> accessed on July 27, 2019
2. NFHS-4 Manipur Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/MN_FactSheet.pdf accessed on July 27, 2019
3. NFHS-3 Manipur Report. http://rchiips.org/nfhs/NFHS-3%20Data/Manipur_report.pdf accessed on July 27, 2019

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Imphal West	58.7
Senapati	63.5
Chandel	63.9
Churachandpur	64.8
Thoubal	65.2

Top districts

District	Percentage
Imphal East	72.5
Bishnupur	70.8
Tamenglong	68.9
Ukhrul	66.6

Breastfeeding & Infant and Young Child Feeding Practices

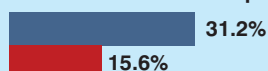
REPORT CARD: MEGHALAYA

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

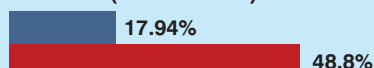


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



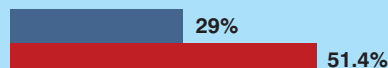
Children (6-23 months) minimum dietary diversity



■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

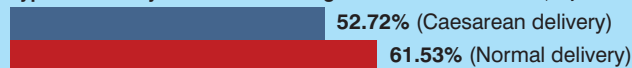
Institutional births



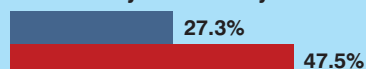
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Meghalaya Report. <http://rchiips.org/nfhs/NFHS-4Reports/Meghalaya.pdf> accessed on July 27, 2019
2. NFHS-4 Meghalaya Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/ML_FactSheet.pdf accessed on July 27, 2019
3. NFHS-3 Meghalaya Report. http://rchiips.org/nfhs/NFHS-3%20Data/Meghalaya_with_cover_page_printed_version_sent_by_printer_4may09.pdf accessed on July 27, 2019

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
South Garo Hills	36.9
East Garo Hills	47.9
East Khasi Hills	51.7
Jaintia Hills	66.1

Top districts

District	Percentage
Ribhoi	77.9
West Khasi Hills	68.2
West Garo Hills	66.5



Breastfeeding & Infant and Young Child Feeding Practices

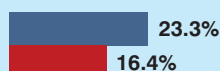
REPORT CARD: MIZORAM

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

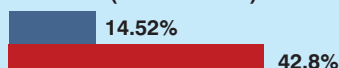


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

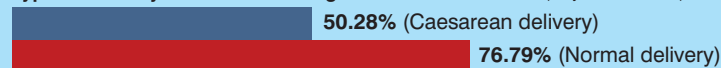
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Mizoram Report. <http://rchiips.org/nfhs/NFHS-4Reports/Mizoram.pdf> accessed on July 27, 2019
2. NFHS-4 Mizoram Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/MZ_FactSheet.pdf accessed on July 27, 2019
3. NFHS-3 Mizoram Report. http://rchiips.org/nfhs/NFHS-3%20Data/mizoram_state_report_for_website.pdf accessed on July 27, 2019

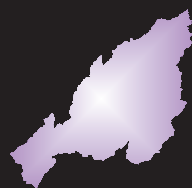
Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Lunglei	60.9
Champhai	61.0
Aizawl	73.8
Serchhip	74.5

Top districts

District	Percentage
Saiha	87.2
Mamit	86.6
Kolasib	79.8
Lawngtlai	79.4



Breastfeeding & Infant and Young Child Feeding Practices

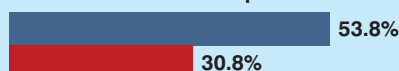
REPORT CARD: NAGALAND

Early Initiation & Exclusive Breastfeeding

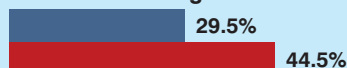
Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

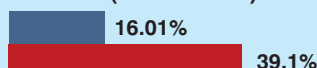


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



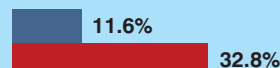
Children (6-23 months) minimum dietary diversity



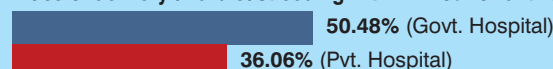
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

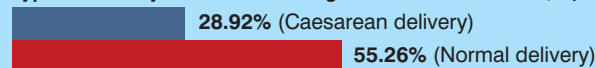
Institutional births



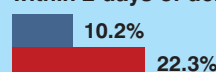
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Nagaland Report. <http://rchiips.org/nfhs/NFHS-4Reports/Nagaland.pdf> accessed on July 27, 2019
2. NFHS-4 Nagaland Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/NL_FactSheet.pdf accessed on July 27, 2019
3. NFHS-3 Nagaland Report. <http://rchiips.org/nfhs/NFHS-3%20Data/Nagaland.pdf> accessed on July 27, 2019

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Kiphire	40.3
Phek	44.5
Peren	45.4
Dimapur	45.7
Kohima	49.1
Mokokchung	51.3

Top districts

District	Percentage
Mon	69.5
Longleng	66.5
Wokha	62.4
Zunheboto	55.9
Tuensang	52.5



Breastfeeding & Infant and Young Child Feeding Practices REPORT CARD: ODISHA

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



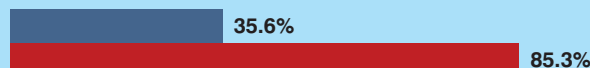
Children (6-23 months) minimum dietary diversity



■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

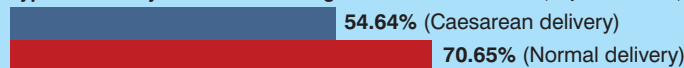
Institutional births



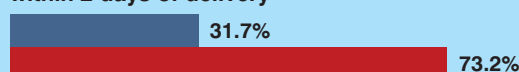
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Odisha Report. <http://rchiips.org/nfhs/NFHS-4Reports/Odisha.pdf> accessed on July 27, 2019
2. NFHS-4 Odisha Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/OR_FactSheet.pdf accessed on July 27, 2019
3. NFHS-3 Odisha Report. http://rchiips.org/nfhs/NFHS-3%20Data/Orissa_state_report.pdf accessed on July 27, 2019

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Kandhamal	51.7
Jajapur	53.5
Kendujhar	57.3
Nabarangapur	60.6
Mayurbhanj	61.6
Nayagarh	62.1
Sambalpur	62.4

Top districts

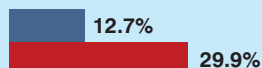
District	Percentage
Boudh	89.0
Balangir	87.9
Nuapada	86.6
Anugul	79.7
Sundargarh	78.9
Subarnapur	76.7
Gajapati	75.3



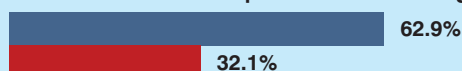
Breastfeeding & Infant and Young Child Feeding Practices REPORT CARD: PUNJAB

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



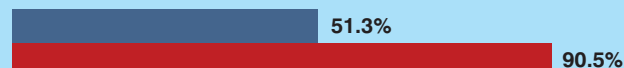
Children (6-23 months) minimum dietary diversity



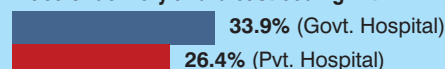
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Punjab Report. <http://rchiips.org/nfhs/NFHS-4Reports/Punjab.pdf> accessed on July 26, 2019.
2. NFHS-4 Punjab Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/PB_FactSheet.pdf accessed on July 26, 2019.
3. NFHS-3 Punjab Report. http://rchiips.org/nfhs/NFHS-3%20Data/Punjab_report.pdf accessed on July 26, 2019.

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Shahid Bhagat Singh Nagar	16.1
Gurdaspur	19.8
Sangrur	22.9
Jalandhar	23.4
Kapurthala	23.4
Rupnagar	27.9
Tarn Taran	28.3

Top districts

District	Percentage
Faridkot	45.7
Sahibzada Ajit Singh Nagar	41.5
Patiala	38.4
Barnala	34.1
Muktsar	33.9
Mansa	33.7
Ludhiana	33.0

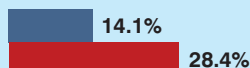


Breastfeeding & Infant and Young Child Feeding Practices

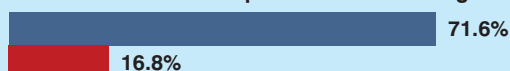
REPORT CARD: RAJASTHAN

Early Initiation & Exclusive Breastfeeding

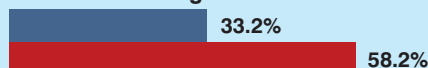
Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

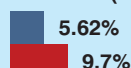


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



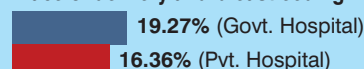
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

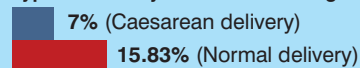
Institutional births



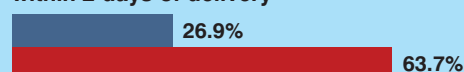
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Rajasthan Report. <http://rchiips.org/nfhs/NFHS-4Reports/Rajasthan.pdf> accessed on May 28, 2019.
2. NFHS-4 Rajasthan Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/RJ_FactSheet.pdf accessed on May 28, 2019.
3. NFHS-3 Rajasthan Report. http://rchiips.org/nfhs/raj_state_report.pdf accessed on May 28, 2019.

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Rajsamand	13.1
Bikaner	14.6
Dungarpur	15.8
Udaipur	19.7
Ajmer	20.8
Nagaur	23.6
Dausa	24.0

Top districts

District	Percentage
Baran	45.2
Tonk	41.3
Churu	39.4
Banswara	38.7
Karauli	36.5
Bharatpur	35.6
Dhaulpur	35.1

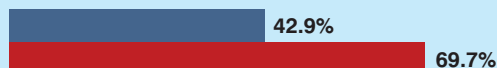


Breastfeeding & Infant and Young Child Feeding Practices

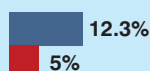
REPORT CARD: SIKKIM

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



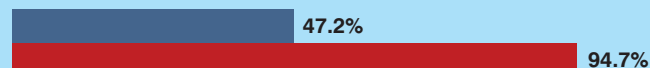
Children (6-23 months) minimum dietary diversity



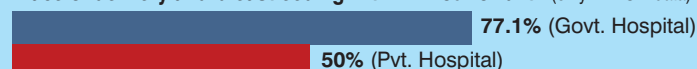
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

Institutional births



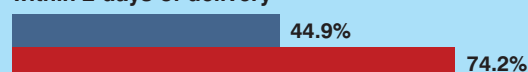
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Sikkim Report. <http://rchiips.org/nfhs/NFHS-4Reports/Sikkim.pdf> accessed on July 27, 2019
2. NFHS-4 Sikkim Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/SK_FactSheet.pdf accessed on July 27, 2019
3. NFHS-3 Sikkim Report. http://rchiips.org/nfhs/NFHS-3%20Data/sk_state_report_printed_version.pdf accessed on July 27, 2019

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
North District	55.3
East District	66.5

Top districts

District	Percentage
South District	77.5
West District	75.3



Breastfeeding & Infant and Young Child Feeding Practices

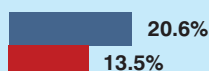
REPORT CARD: TAMIL NADU

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

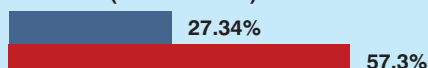


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity

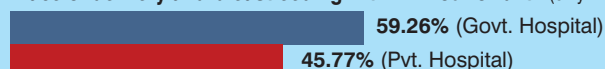


Indicators Impacting Breastfeeding

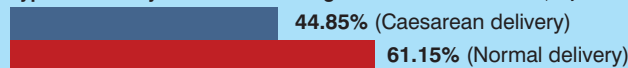
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Tamil Nadu Report. <http://rchiips.org/nfhs/NFHS-4Reports/TamilNadu.pdf> accessed on 25 July 2019
2. NFHS-4 Tamil Nadu Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/TN_FactSheet.pdf accessed on 25 July 2019
3. NFHS-3 Tamil Nadu Report. http://rchiips.org/nfhs/NFHS-3%20Data/TamilNadu_report.pdf accessed on 25 July 2019

■ NFHS-3 ■ NFHS-4

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Pudukkottai	31.0
Perambalur	34.9
Kanniyakumari	41.6
Sivaganga	41.6
Ramanathapuram	42.7
Tiruchirappalli	42.7
Chennai	43.0

Top districts

District	Percentage
Erode	78.4
Dindigul	78.1
Vellore	70.6
Thiruvallur	66.8
Namakkal	65.0
Krishnagiri	64.9
Coimbatore	64.1

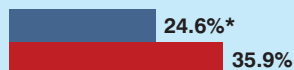


Breastfeeding & Infant and Young Child Feeding Practices

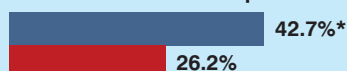
REPORT CARD: TELANGANA

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



* NFHS-3 data (when Andhra Pradesh was undivided before 2014)

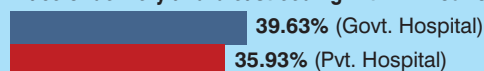
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

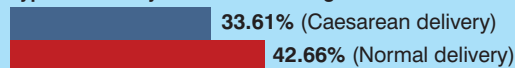
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Telangana Report. <http://rchiips.org/nfhs/NFHS-4Reports/Telangana.pdf> accessed on July 27, 2019
2. NFHS-4 Telangana Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/TG_FactSheet.pdf accessed on July 27, 2019
3. NFHS-3 Andhra Pradesh Report. http://rchiips.org/nfhs/NFHS-3%20Data/ap_state_report_printed_version_for_website.pdf accessed on July 27, 2019

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Adilabad	23.8
Nizamabad	29.2
Rangareddy	29.2
Mahbubnagar	33.7
Nalgonda	35.7

Top districts

District	Percentage
Medak	51.2
Khammam	43.8
Hyderabad	42.0
Warangal	38.9
Karimnagar	37.1



Breastfeeding & Infant and Young Child Feeding Practices

REPORT CARD: TRIPURA

Early Initiation & Exclusive Breastfeeding

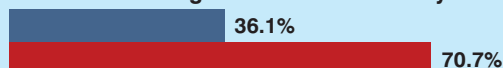
Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

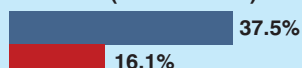


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



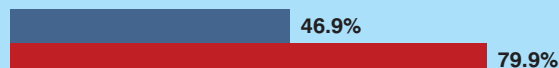
Children (6-23 months) minimum dietary diversity



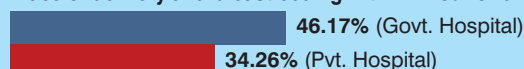
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

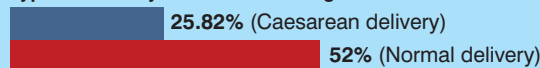
Institutional births



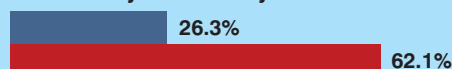
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Tripura Report. <http://rchiips.org/nfhs/NFHS-4Reports/Tripura.pdf> accessed on July 27, 2019
2. NFHS-4 Tripura Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/TR_FactSheet.pdf accessed on July 27, 2019
3. NFHS-3 Tripura Report. <http://rchiips.org/nfhs/NFHS-3%20Data/tripura.pdf> accessed on July 27, 2019

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
North District	55.3
East District	66.5

Top districts

District	Percentage
South District	77.5
West District	75.3

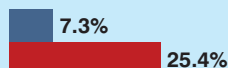


Breastfeeding & Infant and Young Child Feeding Practices

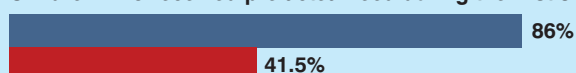
REPORT CARD: UTTAR PRADESH

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



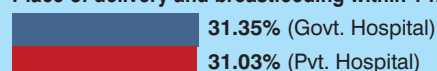
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

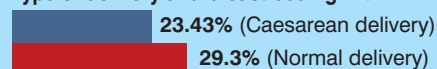
Institutional births



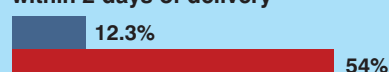
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Uttar Pradesh Report. <http://rchiips.org/nfhs/NFHS-4Reports/UttarPradesh.pdf> accessed on 28 May 2019.
2. NFHS-4 Uttar Pradesh Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/UP_FactSheet.pdf accessed on 28 May 2019
3. NFHS-3 Uttar Pradesh Report. http://rchiips.org/nfhs/NFHS-3%20Data/UttarPradesh_report.pdf accessed on 28 May 2019

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Meerut	12.5
Bijnor	12.7
Shahjahanpur	13.6
Gautam Buddha Nagar	15.4
Gonda	15.5
Etawah	15.8
Mahamaya Nagar	17.0

Top districts

District	Percentage
Mahoba	46.6
Lalitpur	41.4
Banda	39.6
Gorakhpur	39.6
Bara Banki	37.4
Jalaun	36.6
Allahabad	35.9



Breastfeeding & Infant and Young Child Feeding Practices

REPORT CARD: UTTARAKHAND

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

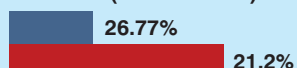


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



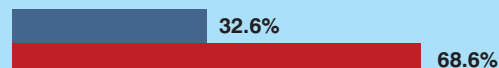
Children (6-23 months) minimum dietary diversity



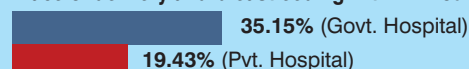
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

Institutional births



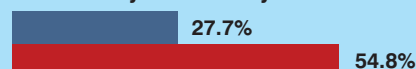
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 Uttarakhand Report. <http://rchiips.org/nfhs/NFHS-4Reports/Uttarakhand.pdf> accessed on 25 July 2019
2. NFHS-4 Uttarakhand Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/UT_FactSheet.pdf accessed on 25 July 2019
3. NFHS-3 Uttarakhand Report. http://rchiips.org/nfhs/Uttarakhand_report.pdf accessed on 25 July 2019

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Hardwar	22.1
Udham Singh Nagar	24.7
Garhwal	26.9
Pithoragarh	27.8
Uttarkashi	28.2
Dehradun	30.5
Almora	31.7

Top districts

District	Percentage
Rudraprayag	51.6
Chamoli	45.3
Tehri Garhwal	36.1
Bageshwar	34.0
Nainital	33.5
Champawat	31.9

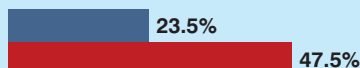


Breastfeeding & Infant and Young Child Feeding Practices

REPORT CARD: WEST BENGAL

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



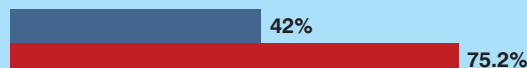
Children (6-23 months) minimum dietary diversity



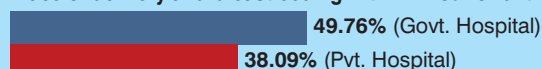
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

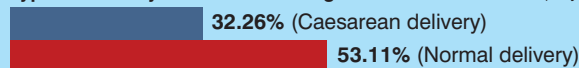
Institutional births



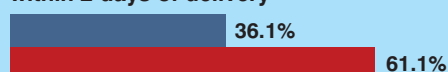
Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 West Bengal Report. <http://rchiips.org/nfhs/NFHS-4Reports/WestBengal.pdf> accessed on July 27, 2019
2. NFHS-4 West Bengal Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/WB_FactSheet.pdf accessed on July 27, 2019
3. NFHS-3 West Bengal Report. http://rchiips.org/nfhs/NFHS-3%20Data/wb_state_report_printed_version.pdf accessed on July 27, 2019

Children breastfed within one hour of birth (NFHS-4)

Bottom districts

District	Percentage
Purba Medinipur	24.9
North Twenty Four Parganas	31.6
Darjiling	34.5
Hugli	38.5
Koch Bihar	38.6
Dakshin Dinajpur	43.3
Maldah	43.4

Top districts

District	Percentage
Bardhaman	65.9
South Twenty Four Parganas	61.1
Puruliya	59.9
Birbhum	53.2
Kolkata	51.6
Jalpaiguri	49.8
Nadia	49.5

Breastfeeding & Infant and Young Child Feeding Practices

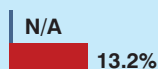
REPORT CARD: ANDAMAN & NICOBAR ISLANDS

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



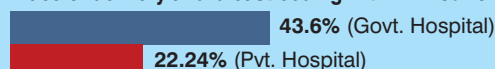
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

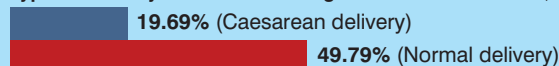
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 India Report. <http://rchiips.org/nfhs/NFHS-4Reports/India.pdf> accessed on July 27, 2019
2. NFHS-4 Andaman & Nicobar Island Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/AN_FactSheet.pdf accessed on July 27, 2019



Breastfeeding & Infant and Young Child Feeding Practices

REPORT CARD: CHANDIGARH

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed

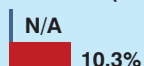


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



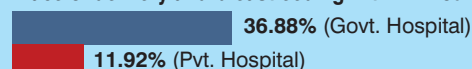
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 India Report. <http://rchiips.org/nfhs/NFHS-4Reports/India.pdf> accessed on July 27, 2019
2. NFHS-4 Chandigarh Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/CH_FactSheet.pdf accessed on July 27, 2019

Breastfeeding & Infant and Young Child Feeding Practices

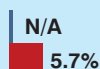
REPORT CARD: DADRA & NAGAR HAVELI

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity

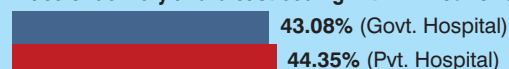


Indicators Impacting Breastfeeding

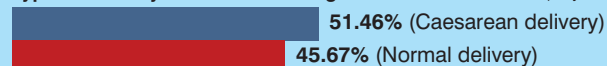
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 India Report. <http://rchiips.org/nfhs/NFHS-4Reports/India.pdf> accessed on July 27, 2019
2. NFHS-4 Dadra & Nagar Haveli Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/DN_FactSheet.pdf accessed on July 27, 2019

■ NFHS-3 ■ NFHS-4

Breastfeeding & Infant and Young Child Feeding Practices

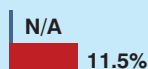
REPORT CARD: DAMAN & DIU

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



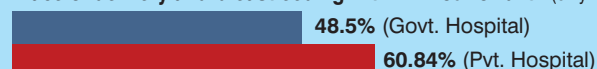
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

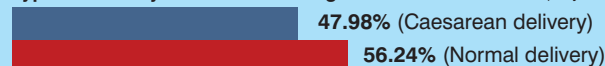
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 India Report. <http://rchiips.org/nfhs/NFHS-4Reports/India.pdf> accessed on July 27, 2019
2. NFHS-4 Daman & Diu Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/DD_FactSheet.pdf accessed on July 27, 2019

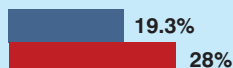


Breastfeeding & Infant and Young Child Feeding Practices

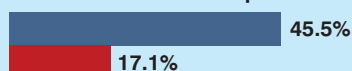
REPORT CARD: DELHI

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life

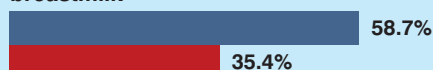


Children under age 6 months exclusively breastfed

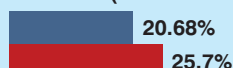


Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



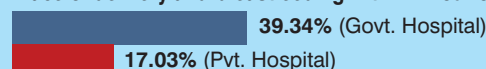
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

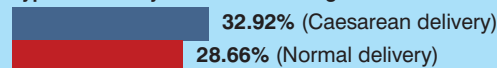
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 India Report. <http://rchiips.org/nfhs/NFHS-4Reports/India.pdf> accessed on July 27, 2019
2. NFHS-4 Delhi Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/DL_FactSheet.pdf accessed on July 27, 2019
3. NFHS-3 Delhi Report. http://rchiips.org/nfhs/NFHS-3%20Data/Delhi_printed_version_for_website.pdf accessed on July 27, 2019

Breastfeeding & Infant and Young Child Feeding Practices

REPORT CARD: LAKSHADWEEP

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



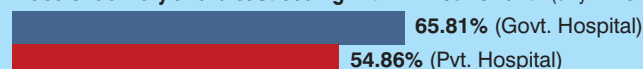
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

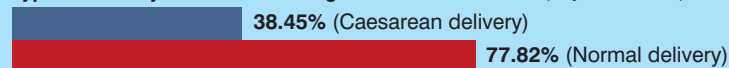
Institutional births



Place of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Type of delivery and breastfeeding within 1 hour of birth (only NFHS-4 data)



Mothers who received postnatal care from a health personnel within 2 days of delivery



Sources:

1. NFHS-4 India Report. <http://rchiips.org/nfhs/NFHS-4Reports/India.pdf> accessed on July 27, 2019
2. NFHS-4 Lakshadweep Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/LD_FactSheet.pdf accessed on July 27, 2019

Breastfeeding & Infant and Young Child Feeding Practices

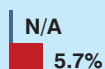
REPORT CARD: PUDUCHERRY

Early Initiation & Exclusive Breastfeeding

Children breastfed within one hour of birth



Children who received prelacteal feed during the first 3 days of life



Children under age 6 months exclusively breastfed



Complementary Feeding

Children (6-8 months) receiving solid or semi-solid food and breastmilk



Children (6-23 months) minimum dietary diversity



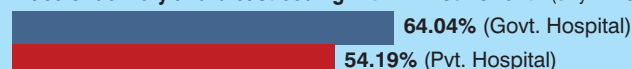
■ NFHS-3 ■ NFHS-4

Indicators Impacting Breastfeeding

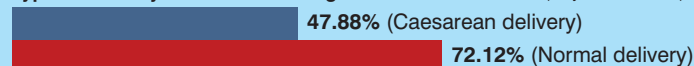
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1. NFHS-4 India Report. <http://rchiips.org/nfhs/NFHS-4Reports/India.pdf> accessed on July 27, 2019
2. NFHS-4 Puducherry Fact Sheet. http://rchiips.org/nfhs/pdf/NFHS4/PY_FactSheet.pdf accessed on July 27, 2019



Breastfeeding Promotion
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