**Subject: Proposal for distribution of sanitary pads to needy women/ girls in Punjab; inclusion in State PIP 21-22, NHM.**

Department of Health is distributing sanitary pads through ASHAs in 7 districts (Bathinda, Faridkot, Ferozepur, Moga, Muktsar, Fazilka & Mohali) of Punjab to adolescent girls aged 10-19 years under Rashitriya Kishore Swasthya Karyakram and 1.5 lakh beneficiaries are being addressed.

Keeping in mind the importance of menstrual hygiene, it is felt necessary that all the needy women of menstruating age should be covered under this scheme and sanitary pads should be distributed to them in order to encourage hygiene and safe menstrual management.

Menstrual Hygiene Scheme to extended to remaining 15 districts and the proposal for procurement of sanitary napkins for adolescent girls (10-19) etc, are proposed in PIP 2021-22.

The details for Menstrual Hygiene Scheme in the remaining 15 districts be proposed as:

| **Sr No** | **Particulars** | **Quantity/Target** | **Unit Cost** | **Budget (Rs. In Lakhs)** | **Remarks** |
| --- | --- | --- | --- | --- | --- |
| 1. | **Procurement of Sanitary napkins** |  |  |  |  |
|  | Procurement of sanitary napkins for 25% of the adolescent girls (4.88 lakh) in remaining 15 districts of State of Punjab (Rural) | 87.84 lakh packs (@6 sanitary napkins per pack) | 15 | 1317.6 | New activity proposed by State @Rs.15. A pack of 6 napkins to be sold to adolescent girls@ Rs. 6 through social marketing.  (pls see Annexure-1) |
|  | Procurement of sanitary napkins for 25% of the adolescent girls (2.89 lakh) in remaining 15 districts of State of Punjab (Urban) | 52.02 lakh packs | 15 | 780.3 | New activity proposed by State @Rs.15. A pack of 6 napkins to be sold to adolescent girls@ Rs. 6 through social marketing. |
|  | **Grand Total** | **139.86** | **15** | **2097.9** |  |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Requirement of Sanitary Napkins for Adolescent girls during 2021-2022** | | | | | | | | |
| **Sr No** | **District** | **Projected RuralPopulation as in 20- 2021** | **Projected Urban population as in 20-21** | **Total Populatioin 20-21** | **Adolescent girls (10-19 years) ( in lakhs)** | **25% of total AGs (10 to 19 years) in Punjab** | | |
| **25% of the population to be addressed** | **No of packs required ( in Lakhs)** | **Tentative cost @ Rs 15/- per pack** |
| 1 | Amritsar | 16.94 | 9.95 | 26.89 | 2.79 | 0.70 | 12.6 | 189 |
| 2 | Barnala | 4.05 | 2.38 | 6.43 | 0.67 | 0.17 | 3.0 | 45 |
| 3 | Bathinda | 9.45 | 5.55 | 14.99 | 1.56 | 0.39 | 7.0 | 105 |
| 4 | Faridkot | 4.20 | 2.47 | 6.67 | 0.69 | 0.17 | 3.1 | 46.5 |
| 5 | Fatehgarh Sahib | 4.08 | 2.40 | 6.48 | 0.67 | 0.17 | 3.0 | 45 |
| 6 | Fazilka | 6.89 | 4.05 | 10.94 | 1.14 | 0.28 | 5.1 | 76.5 |
| 7 | Ferozepur | 6.91 | 4.06 | 10.97 | 1.14 | 0.28 | 5.1 | 76.5 |
| 8 | Gurdaspur | 11.27 | 6.62 | 17.89 | 1.86 | 0.46 | 8.4 | 126 |
| 9 | Hoshiarpur | 10.79 | 6.34 | 17.13 | 1.78 | 0.44 | 8.0 | 120 |
| 10 | Jalandhar | 14.92 | 8.76 | 23.69 | 2.46 | 0.61 | 11.1 | 166.5 |
| 11 | Kapurthala | 5.55 | 3.26 | 8.80 | 0.91 | 0.23 | 4.1 | 61.5 |
| 12 | Ludhiana | 23.80 | 13.98 | 37.78 | 3.92 | 0.98 | 17.6 | 264 |
| 13 | Mansa | 5.24 | 3.08 | 8.31 | 0.86 | 0.22 | 3.9 | 58.5 |
| 14 | Moga | 6.77 | 3.98 | 10.75 | 1.12 | 0.28 | 5.0 | 75 |
| 15 | Mohali | 6.77 | 3.97 | 10.74 | 1.11 | 0.28 | 5.0 | 75 |
| 16 | Muktsar | 6.14 | 3.60 | 9.74 | 1.01 | 0.25 | 4.5 | 67.5 |
| 17 | Nawanshahar | 4.17 | 2.45 | 6.61 | 0.69 | 0.17 | 3.1 | 46.5 |
| 18 | Pathankot | 4.36 | 2.56 | 6.92 | 0.72 | 0.18 | 3.2 | 48 |
| 19 | Patiala | 12.90 | 7.57 | 20.47 | 2.12 | 0.53 | 9.6 | 144 |
| 20 | Ropar | 4.66 | 2.74 | 7.39 | 0.77 | 0.19 | 3.5 | 52.5 |
| 21 | Sangrur | 11.26 | 6.61 | 17.87 | 1.86 | 0.46 | 8.3 | 124.5 |
| 22 | Taran Taran | 7.62 | 4.47 | 12.09 | 1.25 | 0.31 | 5.6 | 84 |
|  |  | **188.73** | **110.84** | **299.57** | **31.10** | **7.77** | **139.93** | **2098.95** |