

## **National Programme for Health Care for Elderly (NPHCE)**

### **Detailed notes and Justification for PIP 2022-24.**

1. Following activities are operationalized under the programme
  - Geriatric wards/clinics in 13 District Hospitals and 28 SDH and 195 CHCs
  - Conducting once in a week Geriatric Clinics in every PHC
  - Procurement and supply of Physiotherapy equipments to all the wards and clinics.
2. Geriatric Wards:
  - Geriatric wards are established and operational in all 13 District Hospitals and 28 SDH.
  - All the staff sanctioned under this programme are recruited and positioned.
  - Details of patients treated at these wards are attached.
  - Dedicated online application is developed and monitoring the operationalization of Geriatric wards.
  - Physiotherapy equipments are supplied to all 13 District Hospitals and 28 SDH
3. Geriatric clinics at PHCs:
  - conducting Geriatric clinics are in all the PHCs once in a week by PHC Medical Officer.
  - Per month 2078 Geriatric clinics are being conducting at Primary health centers.
  - So far 1,09,693 patients registered for treatment at these clinics. They are being provided physiotherapy services.
  - Basic Physiotherapy equipments are supplied to 1145 PHCs.

### **Proposed activities:**

- Four Sub district Hospitals in the state upgraded as District Hospitals and 27 CHCs upgraded as SDH.
- It is proposed to establish Geriatric wards at four DH and 23 SDH
- Home based Physiotherapy services for 45,101 bed-ridden patients through Multi Rehabilitation Workers.
- Proposed to conduct on hand reorientation training to all the PHC MOs, MLHPs, ANMs and ASHAs.
- IEC activities are proposed to conduct as follows
  - a. Posters in all the Health Facilities and Government Offices
  - b. Jingles through FM Radio
  - c. Hoardings

Name of the Programme : National Programme for Health Care for the Elderly (NPHCE)  
 Name of the Scheme/Activity : Geriatric care at DH

S. No	Detailed Head	ROP Approval 2021-22	Proposals 2022-23	Proposals 2023-24	Details of Activity & Cost Breakup																								
1	Infrastructure - Civil works (I&C)	80	0	0	Not Proposed																								
2	Equipment (Including Furniture, Excluding Computers)	0	28	17.00	<p><b><u>2022-23:</u></b> 4 Sub District Hospitals upgraded as District Hospitals . Hence it is proposed to establish Geriatric Wards /clinics in 4 upgraded as District Hospitals 7 lakhs per facility towards procurement of Physiotherapy equipment(7lakhs x4=28 lakhs) <b>List of Equipment:</b></p> <table><tr><th>Sl. No</th><th>Name of the Equipment</th><th>Qty each DH</th></tr><tr><td>1</td><td>Defibrillator(AED )</td><td>1</td></tr><tr><td>2</td><td>Shortwave Diathermy</td><td>1</td></tr><tr><td>3</td><td>Ultrasound Therapy</td><td>1</td></tr><tr><td>4</td><td>Cervical traction (intermittent)</td><td>1</td></tr><tr><td>5</td><td>Pelvic traction (intermittent)</td><td>1</td></tr><tr><td>6</td><td>Trans Electric Nerve Stimulator (TENS)</td><td>4</td></tr><tr><td>7</td><td>Adjustable Walker</td><td>10</td></tr></table> <p><b><u>2022-23:</u></b> Procurement of equipment/repair charges for</p>	Sl. No	Name of the Equipment	Qty each DH	1	Defibrillator(AED )	1	2	Shortwave Diathermy	1	3	Ultrasound Therapy	1	4	Cervical traction (intermittent)	1	5	Pelvic traction (intermittent)	1	6	Trans Electric Nerve Stimulator (TENS)	4	7	Adjustable Walker	10
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					District Geriatric wards @ 1.00 lakh per district =17.00
3	Capacity building incl. training	10.40	95.50	95.50	<p><b><u>2022-23:</u></b>  Training under NPHCE to all  MOs-2571, SNs-8790 -  MLHPs-5277, ,ANMs-  20,188, ,ASHAs,42752,  Total=79851 batch size 50  Total number batches 1592 @  120 per head towards  TA/snacks/IEC  (79851xRs.120=  Rs.95,49,720/-</p> <p><b><u>2023-24:</u></b>  Training under NPHCE to all  MOs-2571, SNs-8790 -  MLHPs-5277, ,ANMs-  20,188, ,ASHAs,42752,  Total=79851 batch size 50  Total number batches 1592 @  120 per head towards  TA/snacks/IEC  (79851xRs.120=  Rs.95,49,720/-</p>

Name of the Programme : National Programme for Health Care for the Elderly (NPHCE)  
 Name of the Scheme/Activity : Geriatric care at SDH/CHC

S. N o	Detailed Head	ROP Approval 2021-22	Proposals 2022-23	Proposals 2023-24	Details of Activity & Cost Breakup																							
3	Equipment (Including Furniture, Excluding Computers )	98	219.50	172.50	<b>Proposals 2022-23</b> 23 CHCs upgraded as Sub District Hospitals. Hence it is proposed to establish Geriatric Wards /clinics in 23 upgraded Sub District Hospitals 7 lakhs per facility towards procurement of Physiotherapy equipment(7lakhs x23=161 lakhs) <b>List of Equipment:</b>																							
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					2) Procurement of Physiotherapy Kit (Bed-ridden Kit to MRWs) @ 30,000/- per Kit each MRW x195 CHCs= 58.50 lakhs																							
					S.NO	Name of the equipment	1	TENS	2	TENS+MST	3	Portable Ultrasound	4	Therabands Set	5	Hand Gripper	6	Portable pulleys	7	Finger extensor	8	Ultrasound Gel	9	Cotton roll (2)	10	Carry Bag		
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<b>Proposals 2023-24</b> Procurement of equipment/repair charges for SDH & CHC Geriatric wards/Clinics @ 0.50 lakhs per																												

					<div>facilityx228 (177 CHCs+51 SDHs) =144.00</div> <div>Procurement of Physiotherapy Kit (Bed-ridden Kit to MRWs) @ 30,000/- per Kit each MRW x195 CHCs= 58.50 lakhs</div> <table><tr><th>S.NO</th><th>Name of the equipment</th></tr><tr><td>1</td><td>TENS</td></tr><tr><td>2</td><td>TENS+MST</td></tr><tr><td>3</td><td>Portable Ultraso</td></tr><tr><td>4</td><td>Therabands Set</td></tr><tr><td>5</td><td>Hand Gripper</td></tr><tr><td>6</td><td>Portable pulleys</td></tr><tr><td>7</td><td>Finger extensor</td></tr><tr><td>8</td><td>Ultrasound Gel</td></tr><tr><td>9</td><td>Cotton roll (2)</td></tr><tr><td>10</td><td>Carry Bag</td></tr><tr><td></td><td></td></tr></table>	S.NO	Name of the equipment	1	TENS	2	TENS+MST	3	Portable Ultraso	4	Therabands Set	5	Hand Gripper	6	Portable pulleys	7	Finger extensor	8	Ultrasound Gel	9	Cotton roll (2)	10	Carry Bag		
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6	Capacity building incl. training	234	0	0	Not Proposed																								

Name of the Programme : National Programme for Health Care for the Elderly (NPHCE)  
 Name of the Scheme/Activity : State specific Initiatives and Innovations

S. No	Detailed Head	ROP Approval 2021-22	Proposals 2022-23	Proposals 2023-24	Details of Activity & Cost Breakup
1	Equipment (Including Furniture, Excluding Computers)	0	1353.03	1623.64	<p><b>Proposals 2022-23</b></p> <p>Under NHM ROP 2020-21 195 Multi Rehabilitation Workers are recruited with qualified Physiotherapists. State Has conducted population screening and identified 45,101 bed-ridden patients. State is providing pension to these patients. Further it is proposed for incentives to MRWs for physiotherapy services to paralysis patients @ 12 visits per annum (Total paralysis patients 45,101x12 Visits =Total Visits 5,41,212xRs.250=Rs13,53,03,000/-</p> <p><b>Proposals 2023-24</b></p> <p>Under NHM ROP 2020-21 195 Multi Rehabilitation Workers are recruited with qualified Physiotherapists. State Has conducted population screening and identified 45,101 bed-ridden patients. State is providing pension to these patients. Further it is proposed for incentives to MRWs for physiotherapy services to paralysis patients @ 12 visits per annum (Total paralysis patients 45,101x12 Visits =Total Visits 5,41,212xRs.300=Rs16,23,63,600/-</p>
2	IEC & Printing	26	661.50	104.72	<p><b>Proposals 2022-23</b></p> <p>Observation of International Day for Older Persons @ 50,000/- per</p>

					<p>each Districtx13Dist=6.50 lakhs            Printing and supply of booklets for Elderly people (total 25,00,000 people @ Rs.25 each Book)=625 lakhs)            IEC activities at district level and state level i.e. TV scrolls, Radio Jingles and Hoardings @2 lakhs per district and 4 lakhs for state            Total =30 lakhs</p> <p><b>Proposals 2023-24</b>            Observation of International Day for Older Persons @ 50,000/- per each Districtx13Dist=6.50 lakhs            Printing and supply of booklets for ANMs- 20,188, ,ASHAs,42752,MLHPs-5277 @ Rs.100 each            book(68,217x100=68,21,700)</p> <p>(total 25,00,000 people @ Rs.25 each Book)=625 lakhs)            IEC activities at district level and state level i.e. TV scrolls, Radio Jingles and Hoardings @2 lakhs per district and 4 lakhs for state            Total =30 lakhs</p>
3	Planning & M&E	0	4.00	4.00	<p><b>Proposals 2022-23</b>            State level workshops/review meetings @ 100000/- per meeting x4=Rs.4,00,000/-</p> <p><b>Proposals 2023-24</b>            State level workshops/review meetings @ 100000/- per meeting x4=Rs.4,00,000/-</p>